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The Montclarion, October 19, 2006

The Montclarion

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The Montclarion

The Student Voice of Montclair State University Since 1928

Vol. 86 Issue 7

October 19, 2006

www.themontclarion.org

THURSDAY: 72°

FRIDAY: 61°

SATURDAY: 59°

SUNDAY: 61°

MONDAY: 58°

Four New Programs in CSAM Curriculum

Heather Charowsky
Staff Writer

The College of Science and Mathematics has recently added new programs, which include the Bachelor of Science in Information Technology and Science Informatics, a Bachelor of Science and Master of Science in Aquatic and Coastal Sciences, a Molecular Biology master's degree and a Mathematics of Finance concentration.

"One of the most important aspects of MSU," Robert Prezant, Dean of CSAM said, "is new programs that help our students prepare for the future."

The Information Technology program was implemented in fall 2005.

"It is a response by our computer science department to the changes in the computing field during the past five years," said Katherine Herbert, assistant computer science professor.

"We created the IT degree to educate our students in the topics we and the government have recognized as growing areas."

"We created the IT degree to educate our students in the topics we and the government have recognized as growing areas."

Katherine Herbert
Assistant Computer Science Professor

MSU is the first liberal arts university and only the second university in New Jersey to offer these programs.

IT students are required to take a minimum of three credits in an IT Cooperative Education experience.

Graduates of this program can go on to find careers as computer software engineers, programmers, security consultants, computer systems analysts, database administrators, chief information officers, security specialists, network spe-

SEE 'CSAM' P. 3

Dorm Roaches Push Two Out

Shayna Jacobs
News Editor

Two Blanton residents moved out of their dorm this week because of recurring roach findings, which they said began on Sept. 11. Three exterminations have been done through Physical Plant, but both

students have moved into alternate housing.

Shavon Jackson, a fourth year English major, and Denise Gongora, a junior fine arts major, lived in Blanton 4A10, and first reported roach sightings last month.

"They were coming out of the

toilet and they were under the sink," said Jackson. "They were also in the closet and on the wall."

She estimated that at one point, they spotted and killed five roaches a night.

SEE 'ROACHES' P. 6



Photo courtesy of Denise Gongora

Two former residents of Blanton Hall room 4A10 said they discovered roaches in their dorm room and, after two exterminations, saw two larger bugs on their window shades (one above).

Facilities VP Hired to Oversee Building

Diana Salameh
Staff Writer

One of New Jersey's only facilities managers with a degree and license in landscape architecture has joined the administration of Montclair State University. Gregory Bressler has been hired as of Oct. 11 as the new Associate Vice President for University Facilities.

According to University President Susan A. Cole, Bressler will assume responsibility for over-seeing of Montclair State University's facilities, including the planning, development and management of new construction and renovation projects, campus planning and maintenance of the University's buildings, land and infrastructure. The duties of this position also include environmental health and safety, facilities design and construction, facilities operations and fire safety, according to Bressler.

Bressler's position will offer him the opportunity to be a contributor to the planning, design, construction and operation of the campus facilities. "I anticipate that I will be among the many participants that will enhance the physical facilities in support of the educational activities of this university," said Bressler, regarding the effect that

his position will have on the university.

The Office of Facilities Planning & Construction takes on the responsibility for managing Montclair's space and physical resources, according to the university's website. The most recent projects taken on by the board was building the George Segal Art Gallery, University Hall and the women's softball stadium.

Facilities Management's newsletter, "From the Ground Up," keeps the campus in tune with what is going on in terms of Bressler and his team's new innovations for Montclair State University. It also includes a recap of renovations and construction that took place this

past summer.

Bressler worked in the facilities organization at Princeton University for the last five years. Prior to that, Bressler worked in the facilities organization at The College of New Jersey for 16 years and also worked for the N.J. Department of Higher Education, Barnard College, Essex County College and Rutgers University, respectively in order.

Bressler intends to apply his 35 years of facility management and planning experience to continue its quest of accredited excellence in serving the educational needs of the state of N.J., its citizens and the community that the university serves.

Players Seeks \$3,500 in Emergency Funds in Week Before Show

Shayna Jacobs
News Editor

"Emergency" legislation to allocate \$3,500 to replace sound and lighting equipment, stolen from the Players theater this summer, was brought to the floor at Wednesday's Student Government Association general meeting, nearly one week before Players' first production, "Rocky Horror Picture Show," opening Oct. 27.

The sound board and lighting board, worth an estimated \$2,000, were reported missing from the Players' theater, room 126 in the Student Center Annex, in June.

SGA Attorney General Anthony Gutilla called the legislation "unconstitutional" because it did not list specific costs, but before it could be dismissed, the bill was tabled by its author, Jeremy Slagle, and will be revisited on the floor for a vote next week. Slagle is SGA President Pro Tempore and the treasurer of Players.

"I couldn't get the costs because an E-board member hasn't done their job," said Slagle at the podium. He added that he was waiting on the figures and that he is not an authority on production equipment, so he couldn't list a price himself.

Gutilla, a non-voting member, said that he would favor the appropriation, "Not because the equipment was stolen but because it's what we're here for."

"It's tough and not fair to look at it now, and bring it up at such short notice," said Slagle. "But I don't

SEE 'PLAYERS' P. 3

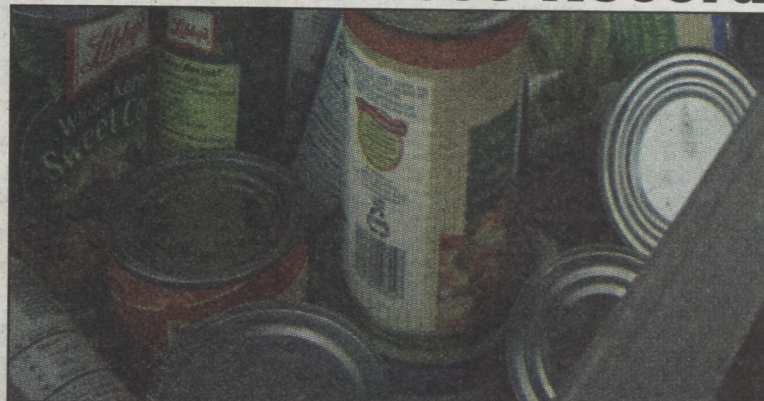
Can Drive Aims at Guinness Record

David Clarke
Staff Writer

A non-perishable food drive called "Cans Across America" was held at all Montclair State University dining halls on Oct. 18.

The program was held by the Sodexo food service company to fight hunger, as well as to break the world record for the largest food drive by a non-charitable organization in a 24-hour period.

SEE 'GUINNESS' P. 5



Dominique Wilson | The Montclarion

The "Cans Across America" food drive was a campaign which attempted to set the Guinness record for most cans collected in a 24-hour period.

MSU Campus Calendar

THURSDAY, 19

Time To Show Off, SC Ballrooms, 7 p.m.

ISO: Movie Night, SC Commuter Lounge, 7 p.m.

Club MSU, SC Ratt, 7 p.m.

FRIDAY, 20

HRLDA: Halloween Party, SC Ratt, 7 p.m.

SATURDAY, 21

LASO: N.J. Urban Debate League, SC, 8 a.m. - 8 p.m.

Volleyball Tri-Match, Panzer Gym, 10 a.m., 12 p.m., and 2 p.m.

Football Game, Sprague Field, 1 p.m.

Women's Soccer, Soccer Park, 1:30 p.m.

SUNDAY, 22

Have A Great Weekend!

MONDAY, 23

Ramadan Ends

Field Hockey, Sprague Field, 7 p.m.

Stroll Competition, SC Ballrooms, 7 p.m.

Money Mondays, SC 419, 8 p.m.

TUESDAY, 24

Creative Arts for Stress Relief, Drop-In Center, 12 p.m. - 2 p.m.

Conversation Cafe, Drop-In Center, 4 p.m. - 5:30 p.m.

WEDNESDAY, 25

Date Auction, SC Ratt, 6 p.m.

VOX: Domestic Violence & Breast Cancer Awareness, SC Quad, 2 p.m. - 4 p.m.

NASO: African Night, SC Dining Room, 8 p.m.

Japan Club: Anime Night, SC Commuter Lounge, 8 p.m.

SGA Notes

- Students Against Violence, Red Hawks Paintball, UAASO, Rec Board and VOX appropriations passed.

Montclarion

The Montclarion is a freely distributed newspaper providing one copy per person. Additional copies are \$0.25

Corrections

The Montclarion willingly corrects its factual errors. If you think that we've made a mistake in a story, please call Editor-In-Chief Karl de Vries at (973) 655- 5230.

Advertising

Off-Campus Businesses & Organizations

Size	Measurements	Price	Color (Limited Availability)**
Eighth-Page	4.9" X 3.75"	\$80.00	\$95.00
Quarter-Page	4.9" X 7.5"	\$125.00	\$150.00
Half-Page	10" X 7.5"	\$200.00	\$250.00
Full-Page	10" X 16"	\$310.00	\$400.00

University Offices & Non-SGA Organizations

Size	Measurements	Price	Color (Limited Availability)**
Eighth-Page	4.9" X 3.75"	\$40.00	\$55.00
Quarter-Page	4.9" X 7.5"	\$80.00	\$140.00
Half-Page	10" X 7.5"	\$132.00	\$170.00
Full-Page	10" X 16"	\$210.00	\$275.00

SGA Chartered Organizations

Size	Measurements	Price	Color (Limited Availability)**
Eighth-Page	4.9" X 3.75"	\$32.00	\$45.00
Quarter-Page	4.9" X 7.5"	\$63.00	\$85.00
Half-Page	10" X 7.5"	\$105.00	\$150.00
Full-Page	10" X 16"	\$168.00	\$215.00

Classifieds: ->30wds. \$10. 31-40wds. \$20. 41-50wds. \$30 Add to the website: \$3 (Prices are all "per-week")

DEADLINES: The deadline for all advertisements is **MONDAY at 12 NOON** of the week of publication. Ads delivered after deadline are subject to rejection. The Montclarion reserves all rights, including the right to refuse advertisements due to inappropriate content. All decisions regarding pricing, policy and content are final.

For more info, go to www.TheMontClarion.org, or call 973-655-5237

**Color ads are subject to availability, and are sold on a "first-come, first-served basis".

The Police Report:

Thefts Continue to Thrive On MSU Campus

10/10/06 - A student reported the theft of their parking permit while located in Lot 22.

10/10/06 - Barry B. Little and Shelia P. Thompson were both arrested after filing criminal charges against one another. Both parties exchanged verbal threats, which caused each complainant immediate concern for their safety.

10/11/06 - A student reported the theft of their parking permit while located in Lot 23.

10/11/06 - Students Timothy J. Chambrovich and Matthew J. Cappilla were charged with underage consumption of alcohol while located in Blanton Hall. They are due to appear in Little Falls Municipal Court.

10/16/06 - A student reported the theft of their university parking permit while located in Lot 25.

10/16/06 - A student reported the theft of their cell phone, driver's license, debit card, jeans, shirt and social security card while located in Panzer gym.

10/17/06 - A student reported the theft of their psychology and child studies textbooks while located in Bohn Hall.

Date Unknown - A faculty member reported graffiti written on the walls of the second floor of Dickson Hall. The writing that was observed was "Redrum," written in candle wax.

Anyone who has information regarding these incidents is urged to call the police station from any campus phone at T-I-P-S (8477). All calls are strictly confidential.

Local News

COMPILED BY CHANTAL GABEL

BLAIRSTOWN - Many a scary story has been told around the campfire at Camp NoBeBoSco over the years.

Some might recognize the location from "Friday the 13th," a 1980 horror flick that gave birth to Jason Voorhees. Others might recall pleasant camping trips. Future Blair Academy alumni likely will remember a nine-hole golf course.

After decades of trying to secure a buffer to its campus, the private school recently acquired the property where

the movie was filmed. The 120-acre tract went for \$1.15 million, Headmaster T. Chandler Hardwick said, and will be used to expand playing fields.

"We are not going to use it for anything in the short term," he said.

N.J. - New Jersey hospital patients fell and broke hips. They developed bed sores, or got the wrong medications. Surgeons operated on the wrong body parts and nurses dispensed the wrong medications.

New Jersey hospitals reported 376 medical mistakes in the first report of the Patient Safety Initiative, a state plan to help hospitals learn from each other's mistakes.

The 2005 report says 57 patients died from preventable adverse events. Falls accounted for 33 percent of the cases; pressure ulcers (bed sores) for 21 percent and care management for 14 percent.

NEWARK - The head of Newark's Taxicab Commission has been

suspended for allegedly trying to intervene in the arrest of his nephew at the Second Precinct station in the city's North Ward, officials said.

Police Detective Luis Osorio, who served as Mayor Cory Booker's bodyguard before his appointment to the commission, was removed from duty after he entered the Lincoln Avenue station Friday night and "aggressively questioned the arrest" of the 22-year-old relative on a gun possession charge, Police Director Garry McCarthy said.

National News

COMPILED BY CHANTAL GABEL

TAMPA, FL - Movie actor Wesley Snipes, star of "White Men Can't Jump" and the "Blade" films, was indicted Tuesday on eight counts of tax fraud accusing him of trying to cheat the government of \$12 million in false refund claims.

Snipes, 44, also failed to file tax returns for six years, according to an indictment unsealed in Tampa, Florida.

An arrest warrant for the actor has been issued, officials said, adding that his whereabouts are unknown.

Federal prosecutors said that Snipes fraudulently claimed refunds totaling nearly \$12 mil-

lion in 1996 and 1997 on income taxes already paid.

WASHINGTON - Some of the most notorious names in the war on terror are headed toward prosecution after President Bush signed a law Tuesday authorizing military trials of terrorism suspects.

The legislation also eliminates some of the rights defendants are usually guaranteed under U.S. law, and it authorizes continued harsh interrogations of terror suspects, a provision Bush had said was vital.

Imprisoned at Guantanamo Bay, Cuba, and awaiting trial are

Khalid Sheikh Mohammed, the accused mastermind of the Sept. 11 attacks, Ramzi Binalshibh, an alleged would-be 9/11 hijacker, and Abu Zubaydah, who was believed to be a link between Osama bin Laden and many al Qaeda cells.

"With the bill I'm about to sign, the men our intelligence officials believe orchestrated the murder of nearly 3,000 innocent people will face justice," Bush said, in a White House ceremony.

HENDERSON, KY - A social worker who had taken a 10-month-old boy to his mother's

house for a visit was found beaten and stabbed to death, and the baby was apparently abducted, authorities said.

Police found the body of Boni Frederick, 67, at the house on Monday after she failed to return to work.

Police searched on Tuesday for the missing boy, who was believed to be with his mother, Renee Terrell, 33, and her boyfriend Christopher Wayne Luttrell, 23.

The couple is missing, but it's unclear if they are together. Frederick's station wagon, a 2000 white Daewoo Nubia, also is missing, police said.

International News

COMPILED BY CHANTAL GABEL

WASHINGTON - North Korea may be preparing to conduct a second nuclear test, a U.S. official with access to intelligence information said Tuesday.

The official says that activity at a second nuclear site in North Korea is looking very similar to activity seen at another site just before the Oct. 9 nuclear test.

The official said buildings and other structures are being fabricated at this second site, possibly in an effort to hide activities from spy satellites.

"It would not be unreasonable to assume the North Koreans are planning a second test," White House press secretary Tony Snow said Tuesday.



JOHANNESBURG, SOUTH AFRICA - South African officials hinted on Tuesday the government may broaden land seizures in order to boost black land ownership but denied that it was considering any Zimbabwe-style land grabs.

"Where circumstances require the state to expropriate for land redistribution, it will do so," the Land Affairs department said in a statement.

Thus far, expropriation has only been used in cases of land restitution, where the govern-

ment seeks to buy back white-owned land that was taken from blacks under apartheid, and where landowners and officials fail to agree on a price for the government to purchase it.

But the department, in a response to questions from Reuters, said land reform apart from restitution also included redistribution and tenure.

"Expropriation cannot be confined to land restitution which is but one element of land reform," it added, citing the constitution.



On Oct. 18, emergency SGA legislation was presented in an attempt to allocate funds for stage production equipment which was reported stolen from the Players' theater in June. Above, Players is rehearsing for their second main production of the season, "Stop Kiss."

PLAYERS

CONTINUED FROM P. 1

have any other options."

"They had two or three months to figure out the breakdown, and now we're down to one week," said SGA President Angelo Lilla. "Why has it come down to one week?"

Slagle added that although the breakdown of funds requested was not provided in the bill, he would add a stipulation clause that the costs would be provided next week.

According to Emma Shankland, Players' Production Manager, the first show will run using rented equipment, the arrangement for which has not been finalized, however three bids are being considered. She couldn't provide a cost for the rental.

"It's a temporary fix for a much larger problem," said Shankland, who said she found that the equipment was missing and

was that she was the last to lock all three entrances to the theater, as was reported in The Montclarion on September 7.

Lilla said that a bill for capital equipment "needs to have a breakdown of costs," including three bids for an item over \$250, evidence of research, and proof that the decision was the lowest bid.

The items are classified as capital equipment by the SGA because they would be used for more than two or three years, and a separate line of funding is allocated for such purchases, according to Amy Chicken, SGA Vice President.

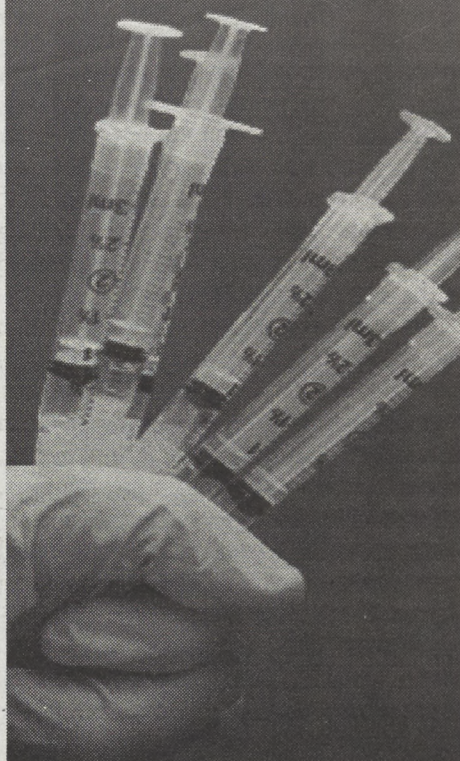
Players waited an 24 hours before reporting the occurrence, to first contact the executive board members and verify that they hadn't borrowed the equipment, according to

Shankland.

Players' President and Vice President are currently involved with productions for the theater department as well as two productions in rehearsals for Players. Both President, Scott Cagney, and Vice President, Phil Casale, are new to their positions. Cagney took over as President when Jessi Lewin resigned at an executive board meeting two weeks before the semester began, said Casale, who was elected into his position at the end of September.

"The E-board before made a lot of mistakes," said Casale. "Right now we're trying to clean up the mess that was given to us." According to Slagle, Players was left with about \$1,500 in unpaid bills from the former administration.

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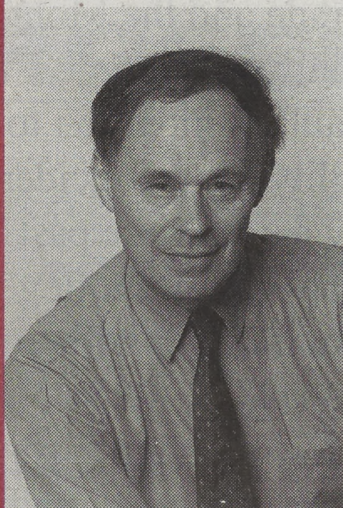
Wednesday, November 1, 2006

8:00 p.m.

at the

Alexander Kasser Theater

Science Reporter and Author Nicholas Wade
**"Human Evolution and Progress: How DNA is
Enabling Recovery of the Deep Human Past"**



Mr. Wade has reported on science for the New York Times for many years, and before that worked on Nature and Science, two leading scientific journals. He has also written several books, including *Betrayers of the Truth*, a study of fraud in science, and *The Nobel Duel*, the story of two scientists' race to win the Nobel prize.

Tickets, available through the theater box office, are free to the MSU community; \$10.00—others.

NEWS CSAM

CONTINUED FROM P. 1

cialists/administrators, computer operators, technical support specialists or web site designers.

The Science Informatics program graduated its first students in May 2006. Science Informatics deals with the fields of bioinformatics, cheminformatics and scientific computing.

"These are the fields that concern themselves with problems like 'What is a genome and how do I get information about it?' or 'Can I predict how this drug will interact with this disease with a computer, saving me years of experimental testing?'" said Herbert.

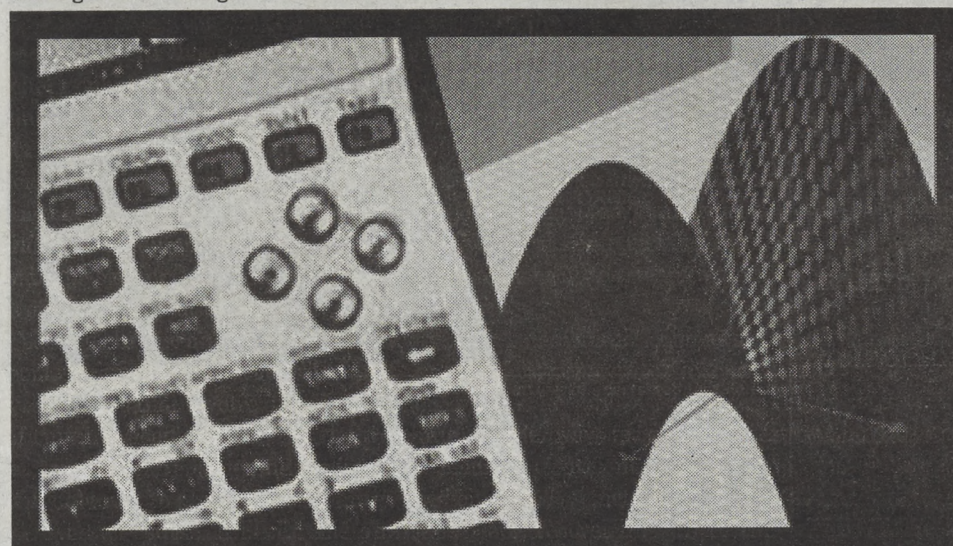
The major teaches advanced computer skills and gives in-depth knowledge in one of the life sciences. It is an interdisciplinary degree, focused on computer science, biology, chemistry, biochemistry and mathematics. Students in the program are responsible for taking courses in all of these majors and participating in three research projects.

Students may do an internship during their sophomore or junior year or get involved in the senior research experience.

Jobs in this field are broken down into categories. In life sciences, jobs are available as scientific curators, gene analysts, protein analysts, phylogeneticists or research scientists. In computer science/engineering, jobs are available as database programmers, bioinformatics software developers, computational biologists, network administrators and data miners. In applied science, students can find careers as structural analysts, molecular modelers or biostatisticians. In pharmaceutical science, they can find careers as cheminformaticians, pharmacogeneticists or research scientists.

The combined Aquatic and Coastal Sciences

program allows students to receive their master's degree in five years of study or their bachelor's in four. The program requires students to be engaged in research at both the undergraduate and graduate level. Students



Anthony Ingersoll | The Montclairion

must complete a master's thesis as part of their curriculum. There are opportunities to do research in the U.S. Virgin Islands as part of a year-long research program involving research projects, investigations of tropical marine communities, scientific conferences and work toward publication in scientific journals. There are also various partners in the region who provide internships for students in this field.

This major consists of four core sciences: biology, geology, chemistry and physics. Students who complete this program will be prepared well for a career in research, environmental consulting, education, regulatory agencies or non-profit organizations.

The study of Aquatic and Coastal Sciences encompasses freshwater lakes and streams,

estuaries and coastal marine habitats, which are critical for numerous plants and animals but can be compromised by human activities. This major is designed for students who are interested in understanding the relation-

ships among plants, animals and humans, and how to protect and restore these ecosystems.

"Since this is a brand new program of study at the University, we have not had a chance to actively recruit students into the program," said Dr. Paul Bologna, director of the program. "This semester, I am reaching out to several magnet high schools in New Jersey, as well as participating in local and regional career days, to provide information to prospective students."

The Molecular Biology master's degree had previously been a concentration within the biology master's program.

"The new program provides students with the critical skills and background needed for work in industrial and academic laboratory

settings," said Quinn Vega, Ph.D., chairperson of biology and molecular biology. When not in the classroom, students have opportunities to work in local industries and perform research at the university.

Over 20 graduate students were enrolled in the molecular biology concentration before its conversion to a master's degree, and it is expected that the numbers will be similar for the molecular master's degree.

The program prepares students for the workforce. Jobs range from pharmaceutical jobs to field work, depending on the students and their experience.

The Mathematics of Finance concentration within the Bachelor of Science in Mathematics was approved in spring 2006 and will be effective fall 2007. It focuses on the mathematical aspects of finance.

This program aims to provide MSU students with an opportunity to learn the mathematics applicable to the financial industry and the actuarial industry.

"Students will be educated for entry level positions in almost all areas of the financial industry including, but not restricted to, quantitative finance, risk analysis, investment banking and securities trading," said Helen Roberts, chairperson of Mathematical Sciences. "Students in this program will acquire the ability to develop and apply interdisciplinary problem solving skills through courses in mathematics, statistics, computer science, economics, finance and accounting."

Students have the opportunity to do internships in the financial industry or at insurance companies. They can also conduct independent research with faculty.

Ten or more students are taking the core courses in this program and this number is expected to grow.



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To The MSU Student Body,

This is a letter from the Haitian Student Association. During Homecoming, due to costume malfunctioning, during our dance troupe's performance, our dance performance was received offensively by homecoming attendees as an act of disrespect and mockery for the homecoming parade and the Montclair State University community as a whole. While it was plainly no one's fault or intention to offend, we take full responsibility for the incident. HSA has been working very hard for the past 15 years on this campus sharing and promoting the Haitian culture, values, food and community with the MSU family. It would be devastating for the organization to be looked upon unfavorably, due to a single unforeseen costume malfunctioning.

We sincerely hope that this letter of apology is received warmly and better dispels certain views after that particular performance.

Thank you,

HSA E-board

GUINNESS

CONTINUED FROM P. 1

The drive took place between 9 a.m. on Oct. 18 and 9 a.m. the next day. Sodexho-served campuses all across the country participated.

MSU students were able to drop off their non-perishable food at Blanton, Freeman, College Hall, the Student Center cafeteria, University Hall Coffee Kiosk and the Red Hawk Diner.

When asked about the event, Dora Lim, General Manager of Sodexho Campus Services said "We have 24 hours to collect all the food possible. At the end of the event, we will transport the food to a food bank in Hillside that works with us. The current record is 156,899.36 pounds."

Dora Lim went on about the success about the project in various dining halls, "The Red Hawk Diner has been especially successful. They have a full container over there."

Kamali Archukan, the manager of the Red Hawk Diner, said, "It's going pretty good. We've had the posters up for a couple of weeks, but the staff have been more receptive than students."

Blanton Manager Pat Kilhaney said, "It's been mostly the staff donating cans."

In reference to the reception of the event, Lim said, "It's for a good cause. What is it? A few cans of sardines here and there. We are really at the mercy of the students."

According to the Sodexho managers, the lack of student response was not due to a lack of advertising. Kilhaney said, "We've been advertising for about a month now."

Archukan said, "This has been all over the place."

In addition to Cans Across America, Lim said that Sodexho was working in other ways to end hunger, "We are starting something where you take an online survey about our service and we donate one dollar for every survey taken."

The results of the record will not be in for some time. Lim said, "The results of our school's drive gets shipped on Nov. 1 and we won't know about the results until sometime after that."

While some feel the response is less than desirable, Lim responds, "People are donating. Some people who forgot to bring in cans today [Oct. 18] are coming in at 6 a.m. to bring some in tomorrow. It's for a very good cause"

SGA Votes Down Bill To Give Greek Council \$10,000

Karl de Vries
Editor-In-Chief

A bill to activate the Greek Council's "Programming Board" failed at Wednesday's Student Government Association meeting due to "too many unanswered questions," according to SGA President Angelo Lilla.

Lilla explained that the bill, written by Greek Council Vice President Roxanne Ruiz-Adams, did not specify that any SGA legislators would serve on the Programming Board, although the SGA Treasurer was listed as one of the two people who would preside at its meetings. The Council also did not properly format the bill and several handwritten notes in the margin were illegible.

No representatives from Greek Council were at the meeting. According to Mike Pena, President of Greek Council and brother of Pi Kappa Alpha, members of the council were occupied hosting a kickball game in the

the Greek Council for the purposes of providing programming on campus. Because Greek life (as Class IV organizations) can discriminate in their membership, SGA fees in the past have not been given directly to the organizations.

Due to the turnout at events that they sponsor on campus, it was seen fit to provide them with some funding for to generate additional programming.

"We figured out that Greek life does a lot with its programming money on campus. So we said, 'imagine what they could do with \$10,000.'"

The money cannot be used without the establishment of a programming board to oversee its use, and the funds are explicitly not to be used for any "rush" drives for any organization. Furthermore, any events that are planned must be available to all Montclair State University students, not just members of Greek life.

"We're trying to open up Greek life and get more people involved," said Pena.

Some events under consideration include a movie night, a tailgate party prior to one of the MSU football games and a "Meet the Greeks" night.

At the meeting, SGA Attorney General Anthony Gutilla said he'd be in favor of passing the bill this week.

"In my opinion, Greek Council is like a committee, not like a legislature. They're not as organized as we are," he said. "I would ask them to improve this with minor changes ... let them have their money, and next week we'll add other changes." He mentioned that he works with the council every week as part of his duties as Attorney General.

"We figured out that Greek life does a lot with its programming money on campus ... Imagine what they could do with \$10,000."

Angelo Lilla
SGA President

Student Center quad at the time.

Last March, the SGA allotted \$10,000 to

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ROACHES

CONTINUED FROM P. 1

"I'm sure you can imagine my surprise when I rolled over one night and was greeted by two large roaches on the wall," said Jackson, in an e-mail sent to the university president on Sept. 24.

Theresa Giardino, Assistant Director for Facilities Management, checked on the situation via e-mail.

"Since receiving your message, the Physical Plant department has sent the pest management contractor several times," said Giardino in the e-mail. "I have been advised by the pest management contractor that it can take a few days for bugs to disappear."

"Since receiving your message, the Physical Plant department has sent the pest management contractor several times ... I have been advised by the pest management contractor that it can take a few days for bugs to disappear."

Theresa Giardino
Assistant Director for Facilities Management

Jackson reported to authorities that after the first extermination, the problem was almost eliminated, that they'd seen a significant decrease in the number of bugs.

"When he sprayed, nothing was moving and they didn't see anything," said Leonard Jones, Assistant Director of Physical Plant-

Housekeeping. "We have been back several times to put down bait traps, and when we went back to look, we didn't see anything."

The third and first exterminations were done using Niban-brand spray. The third and last one took place on Oct. 18. The second extermination was done with a gel product called Maxforce, in addition to "blue boards" and "gel baits" used each time to attract and trap the bugs. Sanchez said no bugs were caught in this process.

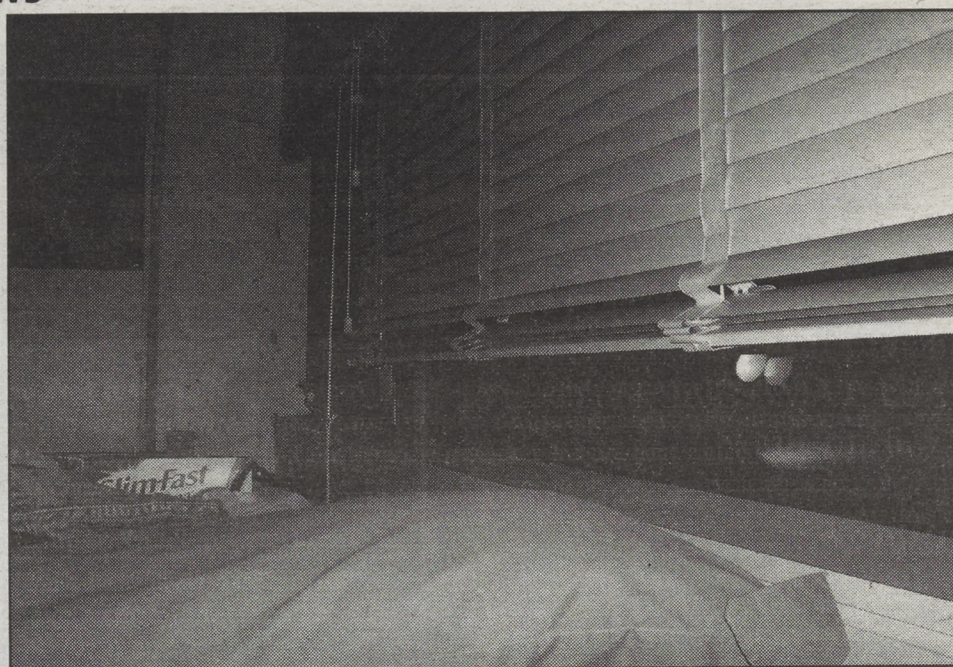
Emergency Pest Control of West Orange was contracted by the university to do exterminations about six months ago. The owner of the company, John Sanchez, said he'd written letters to Jones explaining to the administration that there was no contamination in the room. He said an infestation would mean finding 10 to 15 bugs at once.

He added that when his technician checked the site he had only seen one roach, which was dead in the bathroom, in all three extermination sessions. Sanchez had gone to the room himself to verify this information. Sanchez, the 26-year company owner, said roach problems can often be carried somewhere from an outside location in a bag or package, and added that they can appear after take-out food deliveries.

Jackson and Gongora said the decision to move out came when they spotted two of the largest roaches they had seen, which Jackson said was at least an inch in length. Gongora photographed the two larger bugs crawling on the blinds.

The roommates had a conversation, and considered whether they could have carried the roaches from home to their dorm at school, and concluded that neither roommate had ever had a roach problem in their homes.

"I'm so disgusted," said Gongora. "We pay thousands of dollars for room and board. Can't we at least have a clean room?"



Photos courtesy of Denise Gongora

Three exterminations were conducted in 4A10 in Blanton Hall, where the pest control contractor said there was no indication of an infestation.

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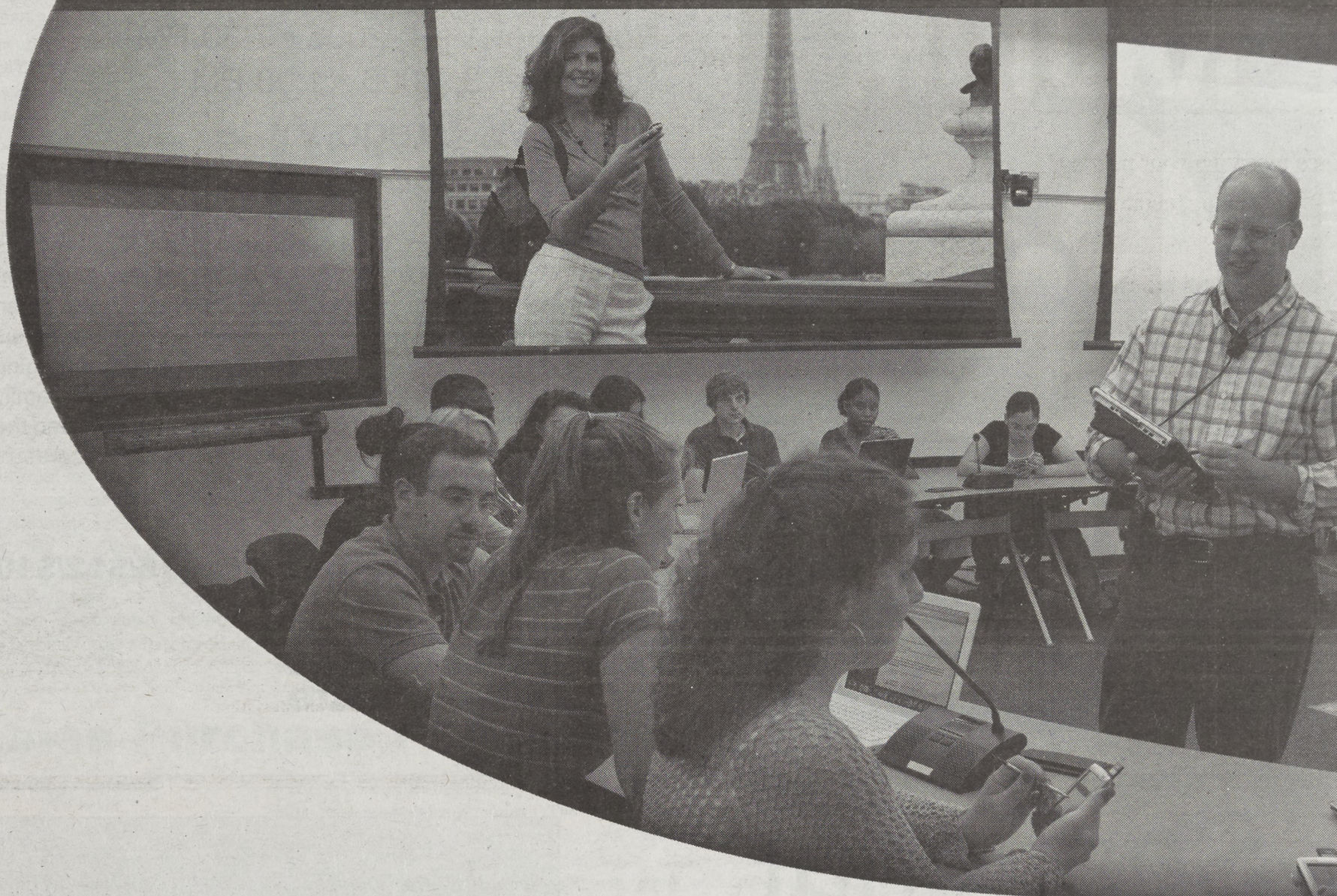
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Friday, December 8
Thursday, January 11, 2007
Friday, January 12, 2007

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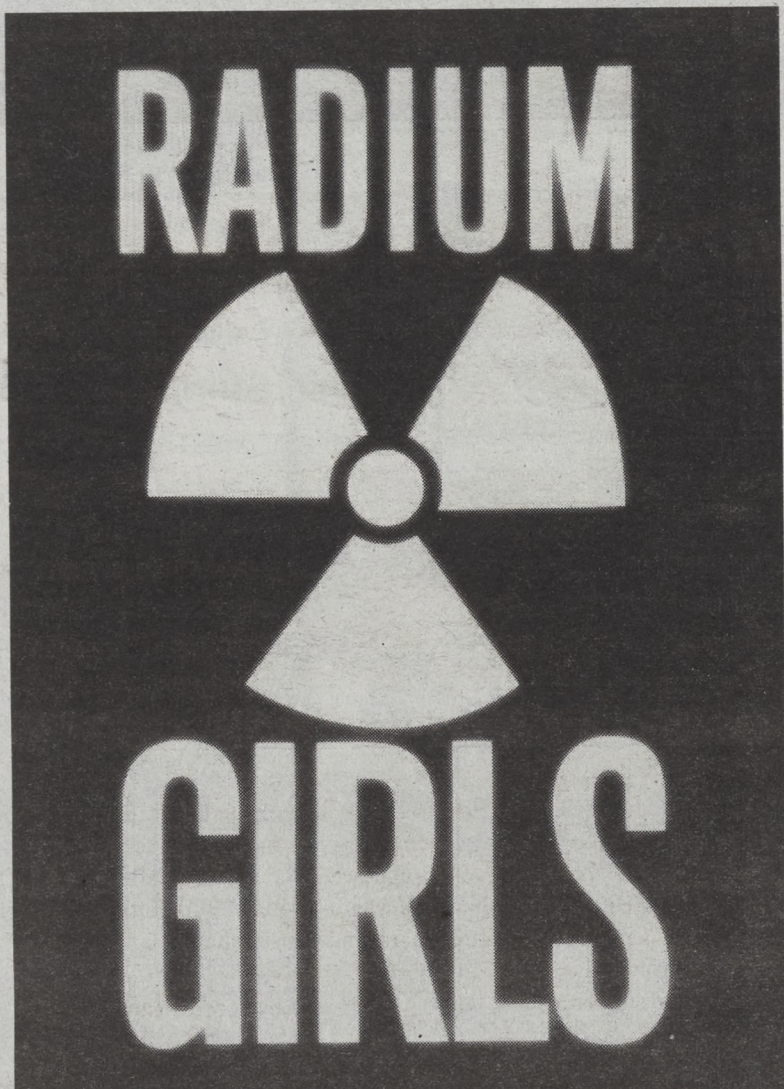


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Inspired by a true story, this heart-warming/breaking drama is set in 1926 and follows the lives of Grace Fryer and other workers in the radium industry in Orange, New Jersey. When the young women who paint luminescent dials on watches begin getting ill, Grace seeks the truth about their emerging industry, and her cause pits her against management, family and friends. This timely play explores the paradox between the miraculous medical cures and the harmful health hazards of the chemical industries found in our own backyards.

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October 29, 2006 • 3:00 PM

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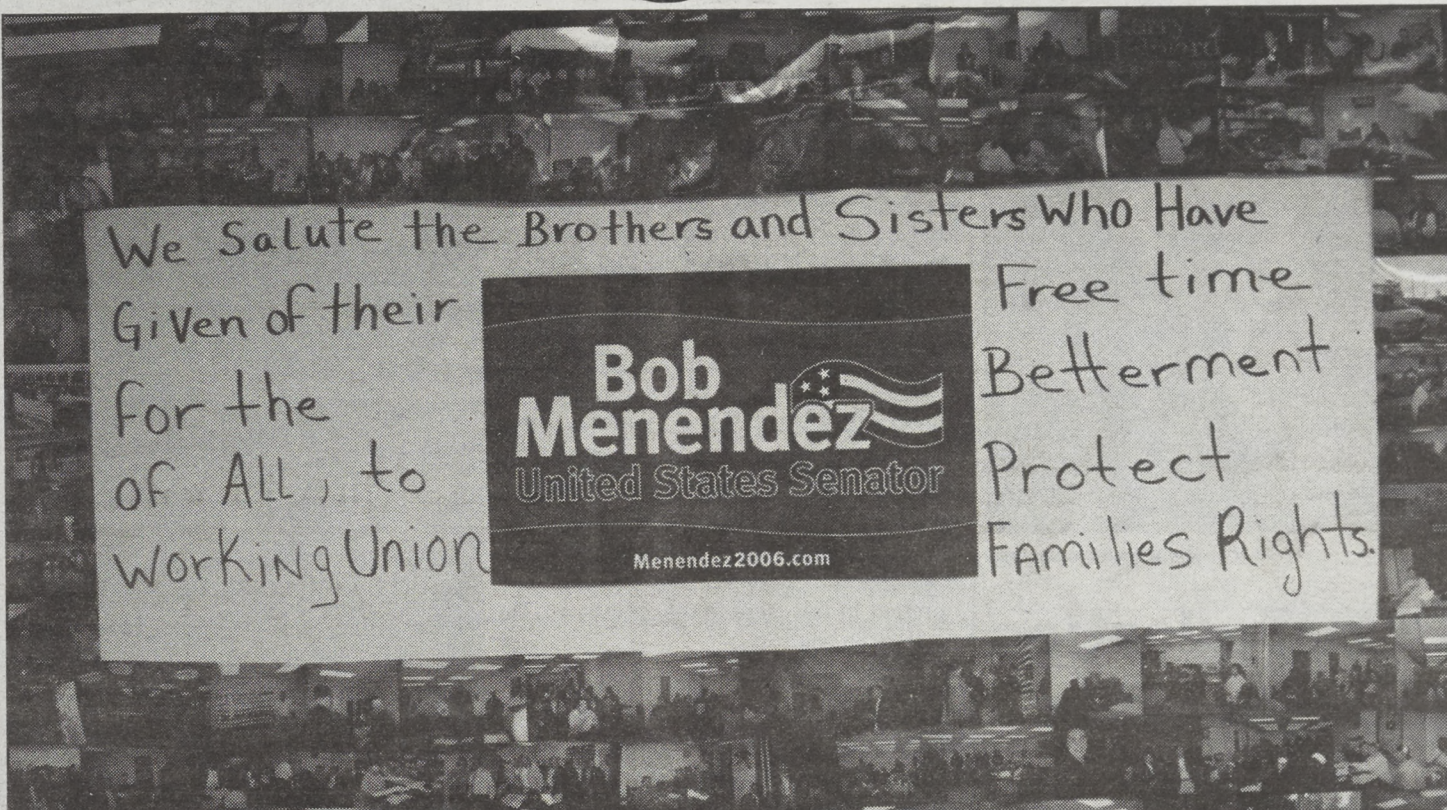
Tom Shields
Opinion Editor

Last Saturday, morning-weary faces crowded into Electrician Union, Local 164, in Paramus, like it was just another day at the office. It was nothing new to the more than 100 workers who crowded into a small classroom where there was a table of coffee and refreshments, a bulletin board filled with pictures of the Local's members and 2006 Bob Menendez campaign signs smeared across the back walls and dry erase boards.

The Bergen County Central Trades Council, in an effort to get union workers to vote in the upcoming midterm elections, has established a Labor-to-Labor Walk every Saturday morning since September. Union volunteers go door to door to fellow brethren and explain to them their stance concerning working class issues that have not been addressed by our current United States government.

The BCCTC and Local 164 have taken a hard-nosed stance against our current government's lax labor policies in the hope that the Democratic Party will re-take both houses of Congress for the first time in 13 years. Mauro Camporeale, the Political and Mobilization Coordinator for the BCCTC, believes that a big voter turnout, especially in the ranks of the middle working class, can lead to beneficial changes.

"This election is extremely important. This country is going in the wrong direction, as wages have dropped for working-class



Here is a collage of local 164 members with various family members, politicians and other volunteers. The BCCTC has organized a Labor-to-Labor Walk to help non-political union members to vote in the upcoming midterm election.

Tom Shields | The Montclarion

people," he said. "We have to change the anti-union stance of this country, and our goal is to help working class people rise up."

Before dispersement, everyone crowded in the small classroom in anticipation of seeing well-dressed 23-year-old take center stage to address the congregation of union workers. It

was none other than New Jersey Senator Bob Menendez's son Robert Menendez. Menendez, a political science major at the University of North Carolina, Chapel Hill, was resolute about his father's stance on making life better for the working class in New Jersey.

"It's not about my Dad's union record, but

why he votes union is because of the working class people. People like my dad are not supposed to be United States Senators, and he wants a better future for these kids right here, and that is what he is fighting for."

SEE 'WORKING CLASS HEROES' ON P. 11

Pennies Purchase Peace for the Holidays

Dorothy Alexander
Staff Writer

Pennies are annoying. People leave them in little dishes by the register rather than take them as change. They stash them in a coffee can at home. When that can's full, they start another. We all have hundreds of them around the house, yet find them too worthless to bother cashing them in. What's a penny worth? Not much.

That's about to change at Montclair State University, where pennies are going to be a sought-after commodity for at least a month. The Peace Camp Advisory Board is working with the Student Government Association, the Center for Non-Violence and Prevention Programs and anyone on campus who wants to participate in organizing a Penny Drive for Peace. The idea is to corral as many of the aggravating little copper disks as possible and put them to good use by funding

a children's conflict-resolution program that MSU students staff each summer. The drive is scheduled to start Nov. 15 and run until Dec. 8 — just under a month. The pennies, said board member Brian Yankouski, will be collected at the Center for Non-Violence and Prevention Programs, located behind the Information Desk on the second floor of the Student Center, to the left of the entrance to the cafeteria.

"Peace on earth" is something many say during this time of year, but if the drive is successful, peace will be found in Cohen Lounge this summer. The board will use them to pay for Peace Camp, a campus initiative that has been teaching at-risk children conflict resolution, feeling identification and expression, anger management and social problem solving. The program has run for four days every August since 2001 at MSU, Yankouski said. Dr. Milton Fuentes of the psychology department runs the program, which he brought

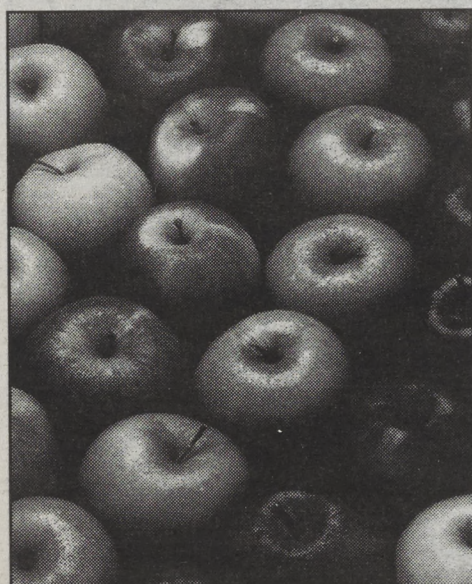
here from St. Mary's Hospital in Hoboken. Dr. Fuentes is a licensed psychologist, as well as an associate professor here at MSU.

Peace Campers are a racially diverse group of children ages 6 to 13, and more than three-quarters of them are receiving support services from community-based centers and are deemed to be at risk for abuse, neglect and/or placement, according to an informative presentation organized by Dr. Fuentes. He noted that the camp started out with 12 children and six counselors and ballooned to 24 children with an equivalent number of counselors this past August. The 1:1 camper/counselor ratio provides children with the best level of support and attention, and most of the counselors are MSU students or alumni, both at the undergraduate and master's level. The Bronx Child Placement Prevention Program provides several master's level prac-

SEE 'PENNIES PURCHASE PEACE' ON P. 14

Savor the Healthy Fruits and Drinks of Autumn

James Carpentier
Staff Writer



courtesy of health.gradinamea.ro

An apple a day may also keep away memory loss, asthma, cancer and other illnesses.

The aroma of apples and pumpkin pies, apple cider, baked apples topped with cinnamon and the warmth of hot chocolate at a football game represent autumn. And now, as the leaves change color and the air chills, these comfort foods and beverages are not only delicious and nutritious, but medical studies also show how these same tasty, traditional foods and beverages may also prevent disease.

An Apple A Day ...

Perhaps no other fruit is more symbolic of fall than the apple. Apple picking is an autumn ritual at local orchards. And, of course, the beginning of the school year each fall is illustrated with the familiar apple on the teacher's desk. While apples are available year-round, during the late spring and

summer months, they are often set aside in stores and replaced by the more seasonal peaches, plums, cherries and watermelon. Yet, somehow that first bite of a crisp, juicy Red Delicious apple always signals the start of autumn. And, there is indeed scientific truth to the old saying "An apple a day keeps the doctor away." According to USA Weekend magazine nutrition columnist Jean Carper, "An apple a day also may keep away memory loss, asthma, cancer, diabetes, heart disease, stroke and tooth loss." Carper cites the following research in her Sept. 29 – Oct. 1, 2006 column:

- An Italian study indicated that eating at least an apple a day cut the risk of cancer of the mouth and pharynx by 21 percent; colon, 20 percent; ovaries, 15 percent; prostate, 9 percent; esophagus, 25 percent; and breasts,

SEE 'FRUITS OF AUTUMN' ON P. 12

MSUFT Local 1904 Scholarship Winners

The Montclair State Federation of Teacher's Local 1904, the union representing MSU's faculty and staff, awarded six full-time undergraduate and graduate students their 10th annual scholarships for students who work to financially support themselves and their education. This year's winners are:

Catherine G. Allora
Italian

Jackson K. Burton III
Math Education

Erika Franklin
Justice Studies

Arlene Katai
Justice Studies

Allyson Schechner-Kanofsky
Women's Studies/ Business Admin.

Caroline M. Simini
Family and Child Studies

* Courtesy of
Barbara Chasin
Department of Sociology

Jessica Sproviero | The Montclarion



courtesy of www.fp.ucalgary.ca

Communication Apprehension

Alicia Fegghi
Staff Writer

Sarah Mikolajczyk, a senior history major from Clifton, shuddered at the recollection of her embarrassing and uncomfortable nightmares of her public speaking experiences. She recalled the jitters and butterflies in her stomach, as well as clammy hands. She could hear her heartbeat echo inside her body as attentive eyes focused on her in front of the class.

"Sometimes, I wanted to just leave the room," Mikolajczyk said. "I was always afraid I was going to mess up or stutter or somehow otherwise embarrass myself," she added.

Now, the butterflies in her stomach have died and she speaks in front of her classes without the jitters.

Mikolajczyk used to be one of the million people who have been infected with communication apprehension, a fear of speaking in public. She said it took her a while to overcome the fear. Though it wasn't easy, she is glad that she was able to control it.

"I do not feel as nervous as I used to, and I feel more confident," Mikolajczyk said. "I learned to do my speeches on topics that interest me because if I have a passion for it, I will communicate my message more effectively to my audience," she said.

She attributes her "cure" of communication apprehension to her former history teacher at Clifton High School.

"Mr. Presley helped me overcome my fear of public speaking because he added humor to his lectures, so I learned from example," Mikolajczyk said. "He told me I shouldn't worry about what other people were thinking, and that I should crack jokes to make myself feel more comfortable and that my words would come out more easily that way."

"And he was right," Mikolajczyk said.

Her useful trick is the three C's: content, confidence and connection. She plans her speeches in such a way that it is easy to remember and useful to her audience. She is confident because she knows that what she shares will be valuable. She views herself as a mini-expert. Finally, she connects by stitching the audience into the message. The audience understands her message and they can relate.

According to Terry Paulson, Ph.D., a psychologist, columnist, speaker, trainer and author in Agoura Hills, Calif., "The best leaders know how to inspire others to action through the spoken word." His checklist includes: "to learn how to quickly connect with an audience, how to sell people on listening, how to keep your presentation from sounding rehearsed even when it is and how to craft a message that gets results."

The Jessica Became a Better Student

Rob Gilbert, Ph. D.
Department of Exercise Science and Physical Education

Once upon a time, there was a first-year college student named Jessica. One morning, she was sitting in a classroom waiting for her 8:30 New Student Seminar class to begin. The course was O.K. and she really liked her professor. But Jessica was tired and just wanted to be back in bed that morning. "What am I doing here?" she thought. She knew she'd be inattentive, uninterested, unfocused and unmotivated.

Just before the class began, the professor walked up to her and said, "Jessica, I need your help. I have another section of this course that meets at 10 a.m. and I have a meeting at the same time that I can't miss. I'd like you to take really great notes in this class because I need you to teach whatever I present in this class to the class at 10. I'm counting on you."

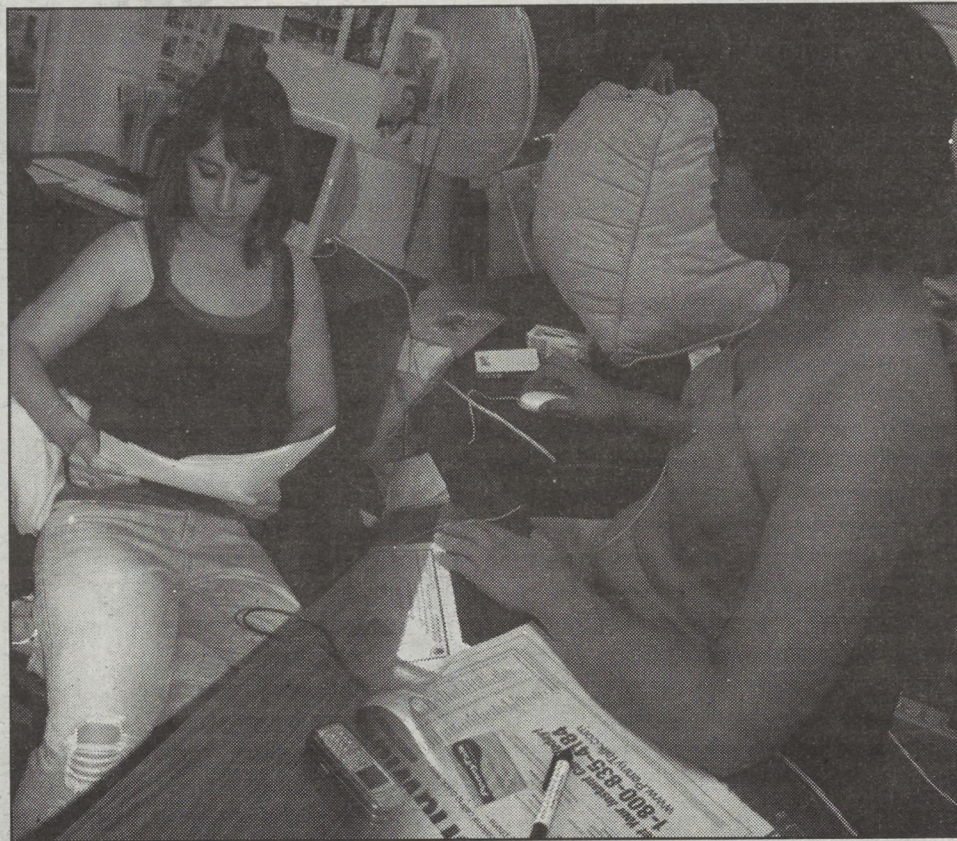
Jessica was stunned. Something like this had never happened to her before. She felt honored but scared. She wanted to be a teacher, but not this soon and not to other college students. She didn't feel that she'd be prepared enough; besides, she wasn't the world's best speaker. However, her professor didn't give her a choice — it seemed like she had to do this.

How do you think Jessica acted in her 8:30 class that day? Almost instantly, she became the world's greatest student. She sat up straight and leaned forward. She asked and answered questions. She was completely absorbed in class, attentive, interested, focused and motivated. And she left class with an incredible set of notes. Miraculously, after that short conversation with her professor, Jessica forgot that she was tired and she didn't even have a single thought about being back in bed.

Afraid, Jessica went to the 10 a.m. class. She didn't know whether to sit with the other students and wait for class to begin or stand at the front of the room like professors do when students file in. She decided not to be conspicuous; she sat down. At 10 on the dot, just as Jessica was about to get up and begin speaking, her professor walked in!

The professor came over to Jessica and whispered, "Please don't be mad at me. You'll understand why I did what I did."

The professor launched into a lecture on how to take great notes. He said that he could predict what grades students would get just by looking at their notes. Then he wrote on



Anthony Ingersoll | The Montclarion
Here are two Jessicas putting time into studying and taking notes for class the correct way.

the board: "POOR NOTES = POOR GRADES. GREAT NOTES = GREAT GRADES."

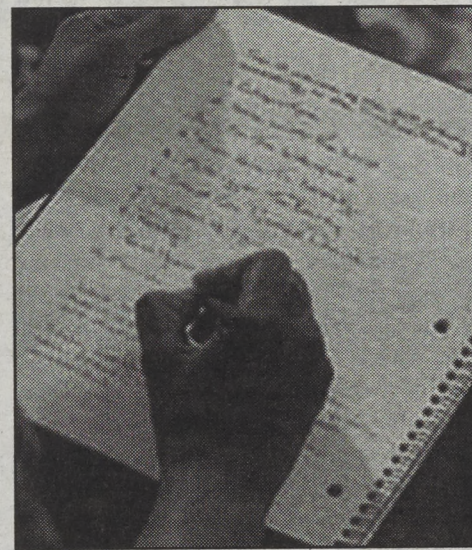
Jessica was beginning to wonder what she was doing there because she had already heard this lecture. Then the professor told the class about how he had misled Jessica into thinking she was going to teach this class. But the deception was for a good reason. "Jessica," he said, "please hand me your notebook." As he showed the class Jessica's notes, the professor said, "Most of Jessica's notes

from our previous classes are acceptable. But Jessica's notes from the 8:30 class this morning are thorough and detailed. They're exceptional!"

Then the professor said, "If you make it your goal to take great notes, like Jessica did earlier this morning, you'll have to be attentive, interested, focused and motivated. Take great notes and everything else will take care of itself!" He concluded the lecture by pointing to the board and reiterating, "POOR NOTES = POOR GRADES. GREAT NOTES = GREAT GRADES."

After class, the professor apologized to Jessica for deceiving her and stressing her out. But he also said that he knew that she'd be the perfect person to make his point that if you're motivated to take great notes, you'll be motivated in other ways as well.

Now Jessica is a senior. Although she's still a little bothered by how her professor tricked her that day three years ago, she is certain that it was one of the most valuable lessons she ever learned in college.



courtesy of academic.marist.edu

Need to get motivated to take great notes? Call Dr. Gilbert's Success Hotline at (973) 743-4690. Daily three-minute tape-recorded messages are available 24/7/365. New messages are recorded every morning at 7:30.



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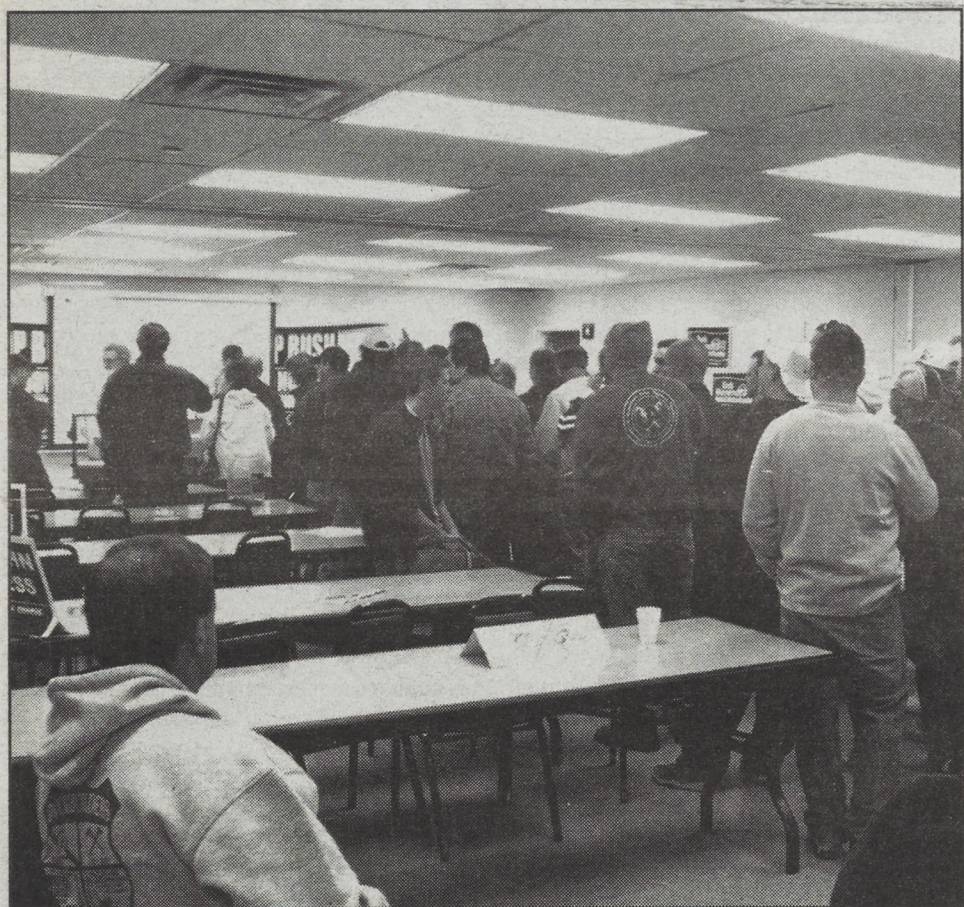


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WORKING CLASS HEROES

CONTINUED FROM P. 9



Tom Shields | The Montclarion
The volunteers at Local 164 Paramus on their way to going door to door to fellow union workers. Their main concern is to educate workers to vote this November

He received wild applause and one woman in the crowd even remarked that in the future, she could see him being the President of the United States. On broader subjects, Robert Menendez believes that the minimum wage should be raised, and that the billions of dollars a day spent in Iraq should be invested where it belongs: at home. He took this semester off of college to help with

his father's campaign because his dad has always been there for him. "I just didn't want to wake up one day and regret not helping him," he said.

His father, Senator Bob Menendez, was the son of a carpenter and a seamstress and has made increasing efforts to improve worker benefits, pension and pay. He has co-sponsored the Pension Fairness and Full

Disclosure Act, where executive pensions would have to follow the same rules and regulations of every other worker down the hierarchical pyramid in each company. He is also in favor of raising the state minimum wage to \$7.25. With Senator Hilary Clinton of New York, he has co-sponsored legislation that would make it illegal for foreign governments to own, control and operate U.S. ports.

Among the ranks of the workers who soldiered forth that morning was House of Representative Democratic nominee Paul Aronsohn, whose political headquarters is adjacent to the union hall. Aronsohn will be running against Republican incumbent Scott Garrett for New Jersey's covenant 5th Congressional district, which includes Warren, Sussex, Passaic and Bergen Counties. He believes there is a lot at stake on this year's ballot, not just for the working class, but also for Americans in general.

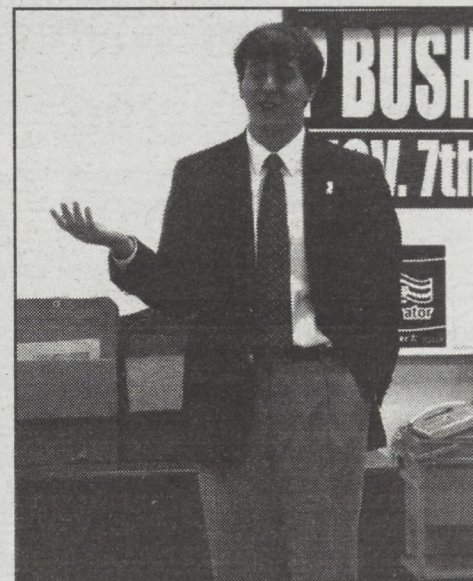
Aronsohn made it crystal clear that he will work for better health care and social security reform that his opponent Scott Garrett has failed to do. "Mr. Garrett believes in the privatization of social security, which I am against. Working men and women need retirement security."

Aronsohn worked as a former staffer in the Clinton Administration, where he worked on foreign policy and other issues in the State Department. In January of this year, he resigned from his executive position for the drug company Pfizer, where he worked for healthcare reform for life-saving medicines. This issue holds true to Aronsohn, who believes that all Americans should have healthcare and that it is something that has to be addressed very soon by Congress.

As for the 2006 New Jersey Senate race, Mason-Dixon polls shows Menendez up 3

percent over Thomas Kean Jr., son of former New Jersey Governor Thomas Kean, Sr. The margin of error for the Mason-Dixon poll is 4.5 percent, but the biggest factor could be winning over the 15 percent of N.J. voters who still do not know which candidate to vote for. Jay Gaul, political coordinator for Local #164, believes the Bergen County Central Trade Council and 164 are taking the obligatory steps to get the "fence sitting" worker voters to the polls on Nov. 7th.

"It is necessary for political education because the working man does not have time in his daily life. It is a 24/7 job. But the most important thing besides their family is their job, and outsourcing of jobs has killed this country. Our federal government allows it to happen and pays for it."



Tom Shields | The Montclarion
Robert Menendez, son of New Jersey Senator Bob Menendez addressing the volunteers on Saturday.

10 WAYS TO OVERCOME THE FEAR

By Alicia Fegghi

Here are 10 things you can do to control the fear of public speaking, from the National Speakers Association, the principal organization for professional speakers based in Tempe, Ariz.

1. Accept the fear and make it work: Most people cannot see or sense a speaker's nervousness. Use the nervousness — which is really just an adrenaline rush — as an advantage. Harness the nervous energy and turn it into enthusiasm.
2. Arrive to the speech location early: If the presentation requires an overhead projector, a PowerPoint presentation or any other technical equipment, make sure to arrive at the room early enough to test it before class. Become familiar with the room by sitting in a seat to see the audience's view.
3. Do deep breathing exercises: This is the old standby for any tense situation and professional speakers swear by its effectiveness. Take a deep breath, hold it for three or four seconds and exhale. Repeat four or five times.
4. Speak on something that has a passionate meaning to you: A certain subject interest will help to dissipate nerves before speaking. The passion emitted will rub off on the audience, making them focus on the message rather than mistakes.
5. Speak as often as possible: Nothing kills a case of the nerves like experience. The more speaking experience gained, the more comfortable public speaking will be.
6. Know the topic and material: being unfamiliar about a topic only creates anxiety.
7. Mingle with the audience before the speech: If possible, meet people in the audience before the speech. Talking with a few people in the audience will increase familiarity with the audience and improve comfort level.
8. Know the audience: Knowing the values held by an audience will allow catch their interest.
9. Focus on the audience: Know that every speaking goal is to help the audience and make them understand the message.
10. Prepare and rehearse: Practice. It does a speech good. Practice in front of family, friends or colleagues. If that isn't possible, practice the speech in front of a mirror. Hand gestures and facial expressions happen naturally.

Jessica Sproviero | The Montclarion

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IN THEATRES OCTOBER 20

FRUITS OF AUTUMN

CONTINUED FROM P. 9



courtesy of arnica.csustan.edu

18 percent.

- Animal tests in Japan showed that the antioxidant apigenin found in apples suppressed responses leading to asthma and allergies.
- Harvard studies showed that regular consumption of apples helps preserve teeth and also minimizes acquiring type 2 diabetes.
- Research at the University of California-Davis demonstrated that eating two more apples or drinking 1½ cups of 100 percent apple juice daily slowed changes in bad LDL cholesterol that caused artery-clogging plaque.

Carper also mentions that Red Delicious apples provide the most health-boosting antioxidants compared to other apple varieties and that the skin of apples has six times more antioxidants than the flesh. Eight years ago, *New Foods For Healing* (Rodale Press, 1998), mentioned, "Even though many people favor the flesh, much of an apple's healing power resides in the skin, which contains large amounts — about 4 milligrams — of a compound called quercetin. Like vitamin C and beta-carotene, this is an antioxidant that can help prevent harmful oxygen molecules from damaging individual cells."

Anyway you slice them, whether baked in cakes, pies or breads, mixed in salads, topped on cereal or eaten whole, apples are an excellent source of both soluble and insoluble fiber, the book also stated. "Insoluble fiber, found mostly in the skin, is the kind that we used to call roughage, which has long been recommended for relieving constipation ... Studies show that a smoothly operating digestive tract can help prevent diverticulosis, a condition in which small pouches form in the large intestine, and also cancer of the colon...soluble fiber in apples, which is the same kind found in oat bran, acts differently from the insoluble kind ... Soluble fiber forms gel-like material in the digestive tract that helps lower cholesterol and, with it, the risk of heart disease and stroke."

Here's more food for thought on the marvelous apple: The book mentioned that there are 2,500 kinds of apples in the United States alone. Another benefit compared with other fruits: You'll note that apples have a longer shelf life both inside and outside the refrigerator than bananas, berries, grapes and summertime fruits like peaches, plums, cherries and melons.

Add A Dash Of Cinnamon For Even Greater Health Benefits

When you add cinnamon to those fall treats, such as baked apples, apple and pumpkin pies and sweet potatoes, you're getting an additional health bonus. According to the book *Unleash The Inner Healing Power Of Foods* (FC&A Medical Publishing, 2003), "Just one-fourth to one teaspoon of cinnamon every day can help your fat cells recognize and respond to insulin better." *The Chicago Tribune* (Sept. 13, 2006) further mentions

cinnamon's role in health:

- When tested on people with type 2 diabetes, as little as ¼ teaspoon of cinnamon a day cut high cholesterol, triglyceride and glucose levels by as much as 10-to-30 percent.
- Cinnamon has anti-bacterial and anti-microbial properties.
- Of all the spices, cinnamon is one of the richest sources of disease-fighting antioxidants.
- Studies have shown how cinnamon helps improve cognitive function and that merely smelling cinnamon can boost performance and alertness, enhance memory and increase energy.

Besides adding it in pies, breads, puddings and cakes, sprinkle some cinnamon over cereal, sweet potatoes or another popular way: on French toast or regular toast for optimal nutrition.

The Powerful Pumpkin

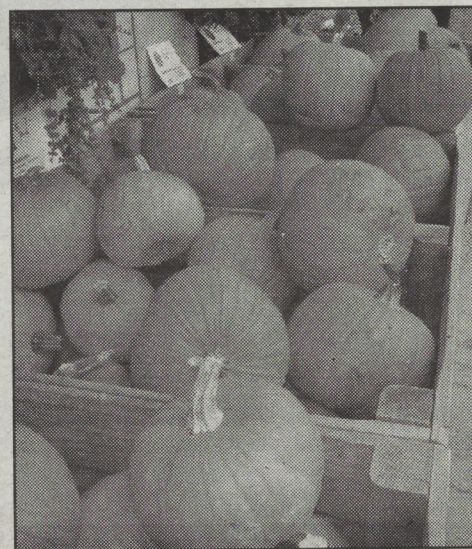
Whether it's canned (available all year) or purchased at a farm or store this time of year, pumpkins and pumpkin seeds contain powerful, health-boosting vitamins and minerals. The seeds have vitamin E, selenium, iron and protein and benefit individuals with high blood pressure, mentions *Unleash The Inner Healing Power Of Foods*. And Jean Carper mentioned how the seeds may help men with prostate problems in her 1993 book, *Food — Your Miracle Medicine* (HarperPerennial). "If you have that common male condition, enlargement of the prostate gland, which affects about half of all men over age 50, eating pumpkin seeds may help. According to Dr. James Duke of the U.S. Department of Agriculture, a daily handful of pumpkin seeds is a popular folk medicine for this condition in many parts of the world — notably Bulgaria, Turkey and the Ukraine — and there is a scientific rationale." The flesh of the pumpkin is rich in the antioxidant *beta-carotene*, which enhances the immune system, and like apples, pumpkin flesh and its seeds "contain generous amounts of fiber," according to *New Foods For Healing*. And, as with apples, there are many ways to use pumpkin. While it is perhaps most popular as a pie each fall and winter during Thanksgiving and Christmas, add cooked pumpkin to soups, cakes, muffins, puddings or breads for variety year-round. *New Foods For Healing* called pumpkin the "Beta-Carotene King" and also the "king of squash." Beta-carotene can help "prevent macular degeneration, boost the immune system, prevent heart disease and cancer," according to the book.

Dark Chocolate And Cocoa Powder: Hot Nutritional Items

There has been much publicity recently about the disease-fighting antioxidants found in dark chocolate and cocoa powder. So when you have that hot chocolate, preferably made

with bits of dark chocolate or a spoonful of cocoa powder, which both carry higher amounts of antioxidants than milk chocolate, you are drinking a wonderful health-promoting beverage. Carper mentions how dark chocolate and cocoa powder help your skin in her *USA Weekend* magazine column (July 21-23, 2006): "Women who drank a hot cocoa high in flavonol antioxidants daily for three months had 25 percent less reddening after UV irradiation and more moist, less scaly skin than women drinking low-flavonol cocoa." Numerous studies also show how the antioxidants in dark chocolate and cocoa powder benefit heart health. Carper also mentioned in *Food — Your Miracle Medicine*, "Dark chocolate is very high in copper, which may help ward off cardiovascular disease."

While now is the time of year to savor the taste of these traditional fall foods and beverages, it is worth noting that the health benefits of apples, pumpkin, cinnamon, dark chocolate and cocoa powder can also be derived year-round!



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The Affair in the City of Lights, Pt. 2

Sam Kissinger
Staff Writer

On any trip to Europe, you soon realize how impossible it is to escape going to a church. You really have to try to find a city that's worth seeing but does not have a church that is worth seeing as well. The Notre Dame is the kind of building that speaks to you when you look at it. It is the kind of building that, when you press your hand to the walls inside, you can feel the depths of its soul flowing through, relaying the hundreds of years of history it has been witness to.

The Cathedrale de Notre Dame de Paris is situated on a little sliver of land between the banks of the Seine River in more or less the center of the city. As my two friends, Bryan and Greg, and I crossed the bridge to the island upon which the cathedral is set, I was suddenly overcome with the feeling of being watched. I looked around, thinking perhaps I was being marked by a pickpocket, which is always a concern in any European city. I realized as my gaze went up the titanic structure before us that the 700-year-old gargoyles were keeping watch. We stood outside taking pictures and absorbing this, one of the most renowned buildings in the world.

Homeless people crowd the outside of the church with crutches and cups extended forth. I thought of the days when one could enter the church and declare sanctuary. This was an age before bags were searched to enter a building and the possession of a weapon, such as a sword, was a welcomed and respect sign. One such homeless man came up to us and in an incredible scene, which, had he not been a bum, I would have paid money to see, popped his glass eye out and offered it to us. We declined.

After 15 minutes or so, we entered. The interior is captivating, breathtaking and awe-inspiring. It is all emotions rolled into one moment that can only be described as "wow." The vaulted ceilings gave me the impression that they were in the foyer of heaven and the

mass of people bumping into me were people positioning themselves to be next to see Saint Peter.

The choir sang as we toured the church, giving our meandering an especially transcendental feel. The light streamed in from the deeply colored stained glass windows and shone off the gilded tapestries and statues providing such a spectrum of color I had no idea was achievable through such simple means. The floor has been so worn that channels have been carved into the marble. We made the circuit through the interior and left to see the top. We did not want to linger too long inside the church because we still had Italy to see and did not want to tire ourselves of churches so soon into our trip.

The ascension of Notre Dame is perhaps one of the most laborious walks in Paris. It is not for the lame or claustrophobic. It is a spiral staircase with enough room for one and half people abreast, making passing slower people a difficult and overly intimate task. One must contort their body into all sorts of unnatural positions in order to get around slower walkers. Courtesy has little place for such a task. The grade of the steps is by my (probably incorrect) estimation in the range of 60-70 degrees.

As we ascended, we passed the famed bell of the church "Emmanuel." A slight rustling sound in the cavern where the bell is housed had us thinking that Quasimodo was going to emerge and, as my friend Bryan said, "Ask us for change." It was actually a pigeon. The mammoth bell, we read in our guidebooks, is over 28,000 pounds.

The view from the top of the tower is exquisite. As beautiful as the Eiffel Tower is at night, so is the top of Notre Dame during the middle of the day. Many of the buildings do not look real and gave me the impression, from the varying colors and shapes, that I was looking at a floor covered in different Lego blocks. At the top of such a historical building, the air smells sweeter, the sun warmer and your place in humanity, looking over the shoulders of more than 700-year-old



Sam Kissinger | The Montclarion

gargoyles thinking of all that they have seen, seems so insignificant. We walked around the top taking pictures and trying to burn our emotions of the moment into our brain for as long as we were allowed and then we descended.

After the Notre Dame, we walked to the Av de Champs Elysees, the Broadway of Paris. This one of the most criminal acts of Europe. To the north, the avenue starts with the Arc de Triomphe, a magnificent structure dedicated to Napoleon's victories. As you walk down this street, it becomes clear what it is however. I have never been so appalled as when I saw what was clearly a TGI Friday's masquerading as a TGI Vendredi (French for Friday).

One of the past times of the French culture is sitting outside of a coffee shop and watching the people go by. This usually medi-

tative and sedate act was transformed into a competition outside of a Starbucks de Paris as tourists tried to out-watch other tourists. I saw two couples arguing over a table as others behind them craned their necks to see around the four battling people. I will say that this avenue is worth seeing only if you miss America or if you enjoy seeing how bastardized the idea of French culture has become. It has been protected everywhere else in the city, shown by the turned-up noses we received when we either butchered the French language or gave up all together trying to speak it.

The rest of our time in Paris was spent enjoying the other various sights of the city and simply allowing ourselves to become lost amidst the streets. It is a city of wonder and power and one must absorb the city by allowing the city to absorb you.

PENNIES PURCHASE PEACE

CONTINUED FROM P. 9



Dorothy Alexander | The Montclarion

tioners as well. The children come from the South Bronx, Jersey City and some of the surrounding communities like Bloomfield, South Orange and Lake Hopatcong. The day lasts from 10 a.m. until 3 p.m. and has three "lesson" periods where skills are taught and activities to practice them are incorporated. Some of the activities include team-building skills like devising skits to "act out" machinery like washing machines, ski jumps and DVD players. Other activities include use of costumes to illustrate different ways to deal

with problems at school, such as what to do if one doesn't know the answer when a teacher asks at school. Possible solutions include asking to check one's notes, telling the teacher outright that one doesn't know, taking a guess and getting the teacher to provide hints and asking to consult a study partner. A recreation period provides further conflict-resolution practice, as it features outdoor activities like wiffleball on the Student Center lawn, plus indoor games and crafts. The Peace Camp Store, an array of donated items for children of varying ages, lets the campers spend the "points" they earn through participation in the various activities on whatever strikes their fancy, Yankouski said. The token economy is something the campers take very seriously, as it features toys, games, dolls, sports equipment and often, many choose to spend their points on gifts for their parents or siblings, he said. Points are awarded according to participation, respectfulness and listening.

Both Yankouski, who is a student coordinator of educational programming, and Jhon Velasco, Project Director of the center, believe in the power of the program to transform lives, even in the short time that's available.

"Everybody we come into contact with on a daily basis, we have an impact on their lives," Yankouski said. "And you can see a change from the first day of Peace Camp in the way they (the children) interact with one another."

Velasco stressed the fact that Peace Camp

is a safe haven from the chaos that many of the children must live in. Just the fact that no one here will threaten to beat them up and no one will shoot at them lets them know that there are other ways to live, that there is hope for them to grow up and leave the danger behind.

And the anticipation of returning to Peace Camp keeps the lessons learned at the camp in the minds of the youngsters. "It's like Christmas, it's like your birthday, a whole year's anticipation to get back here and have some fun," Velasco said.

Exposure to the atmosphere here at MSU is also a main goal of the program. MSU's diverse population lets the children see people who look like them going to school and getting an education — perhaps the first time that they are encountering such an idea, said Velasco and Yankouski.

"There are different types of people here, some in wheelchairs, some hearing impaired, some using service dogs. They see people overcoming challenges to get an education and see that they, too, can consider the possibility of coming to school," said Velasco.

Besides the benefit for the children, Peace Camp also provides benefits for MSU students, Yankouski said. It's one of the few clinical experiences available on campus, and Dr. Fuentes provides two training sessions, as well as a mid-week clinical supervision session that allows counselors a chance to talk about the children and their progress — or lack of progress — and plan interventions to

more fully involve the tough-to-reach cases. In addition, each camper and counselor is asked to fill out a questionnaire afterward, and the suggestions, criticisms and comments are taken very seriously for incorporation into the next year's program.

This year's Peace Camp cost around \$12,000, said Dr. Fuentes. Buses to get the children to and from the Bronx, plus the cost over 50 lunches on campus add up. While the program relied on volunteer labor and small individual grants, the newly formed advisory board is looking for more stable funding sources and hoping that the campus community will be interested in adding Peace Camp to their roster of charitable organizations.

Further details on the Penny Drive for Peace project will be announced as they are finalized, said Yankouski. The Center will be accepting pennies from 9 to 5, although it would be better to call before lugging those heavy containers of pennies over, as there are often educational programs in progress at other areas on campus that can break into staffing hours, Velasco said. The center can be reached at 973-655-7033. Although this first Penny Drive for Peace is formulated as a way for people to give spare change and clean out those cans of pennies and spare change they never get around to rolling up and cashing in, more substantial donations are more than welcome. Checks can be made out to the MSU Foundation, but be sure to write Peace Camp on the memo line at the lower left and send the them to Dr. Fuentes in DI-256.

AT THE FOX THEATRE:

A Grand Night for Singing at MSU

Justin Anthony Long
Staff Writer

A Grand Night for Singing

Dir: Clay James
Starring: Michael Barretti,
Michael James, and Lily Ma

★★★★



"The earth is a glow and to add to the show, I think I am falling in love!"

The Montclair State University Department of Theatre and Dance and the John J. Cali School of Music presented the Rodgers & Hammerstein musical revue, *A Grand Night for Singing*, from Oct. 11-15 at the L. Howard Fox Studio Theatre at MSU.

A Grand Night for Singing consists of music and lyrics by Richard Rodgers and Oscar Hammerstein II, respectively. Their songs have been innovatively re-imagined and compiled into this musical revue, conceived by critically acclaimed theatrical direc-



Mike Peters | The Montclairion

From Left: Jaclyn Ingoglia, Michael Yates, Lauryn Fay Sullivan, Samuel McDonald, Lily Ma, Desiree Rodriguez, Seth Cao, Dean Maroulakos, Afton Boggiano and Mike Barretti in *A Grand Night for Singing*.

tor and performer Walter Bobbie.

The MSU production was nothing short of miraculous. With wonderfully effective staging, crisp direction by Clay James and sensational musical direction and vocal coaching by Eric Diamond and Aaron Jodoin, audience

members found it difficult to remove their eyes and ears from this truly magical production.

The Department of Theatre and

SEE 'A GRAND NIGHT FOR SINGING' ON P. 18

AT CALCIA HALL:

Psychotic Teddies Attack Gallery

Koren Frankfort
Managing Editor

Located in Calcia Hall, Gallery 3.5 exhibits the work of student artists, and featured this week was the work of Peter Johnson.

As I walked into the quaint, second floor space adjacent to the faculty offices, I felt great exhilaration as I looked upon the graffiti style characters, for which I have always been partial.

I did my first glance observation of the show to get a feel for the collection as a work, to detect a theme.

The majority of the pieces had intentional drip marks and stuffed animal characterizations with a *Clockwork Orange* twist as they all appear psychotic, damaged, etc.

There was also a consistent use of paint

marker tagging from piece to piece, giving the collection an urban edge.

The use of intense color, high contrast and the formation of shape through means of solid color fill as opposed to the gradient style of shading used in more realistic styles

also gives the art a pop edge.

After looking at the entire show as one, I went to the first piece in the show located to the left of the door

SEE 'PETER JOHNSON' ON P. 21



Duygu Atacan | The Montclairion

AT THE CINEMA:

Departed Returns Scorsese To Form

David Clarke
Staff Writer

The Departed

Dir: Martin Scorsese
Starring: Leonardo DiCaprio, Matt Damon and Jack Nicholson

★★★★



A millionaire aviator, 19th century New York history and the Dalai Lama are not exactly what people expect from Martin Scorsese, but those are the subjects of some of his recent work.

Now, the director of *Mean Streets* and *Goodfellas* is back in familiar territory with *The Departed*: a remake of the Chinese film *Internal Affairs*.

Scorsese moves the crime from his usual New York City setting to Boston. The film

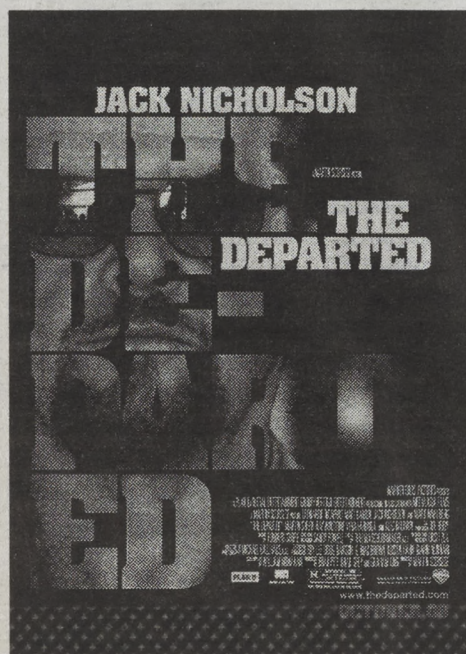
follows the stories of Colin Sullivan (Matt Damon), a mole in the Boston Police Department working for mob boss Frank Costello (Jack Nicholson), and Billy Costigan (a brilliant Leonardo DiCaprio), an undercover cop looking to take down Costello.

The film starts out as a hilarious testosterone-fest but quickly morphs into a cat-and-mouse game that examines the psychological impact of being a rat.

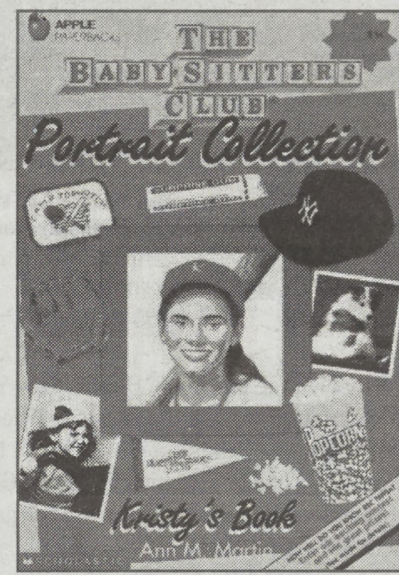
As each rat gets closer to being discovered, DiCaprio begins to look physically sick, as if the pressure and weight of pretending to be a gangster is affecting his appearance.

Damon, on the other hand, becomes more high-and-mighty, as if he were

SEE 'THE DEPARTED' ON P. 19



courtesy of cinemablend.com

The Baby-Sitters Club:
Kristy and
the Mystery
of the Closet
Case Lesbian

courtesy of google.com

Peter Schaus
Arts & Entertainment Editor

With 131 books, over 200 spin-offs, a television series, a feature film and a delayed aging process that A-list actresses and trophy wives would trade their adopted third-world infants for, the time has come: Kristy, come out of the closet already. You're not fooling anyone.

Case in point: "Kristy's Krushers," the little league softball team you started. Do you think it was hard for us to figure out that that's the only bat you'll ever handle?

"Krushers" jersey aside, let's take a look at your everyday wardrobe, shall we? Much ado was made about your uniform of jeans, t-shirt and baseball cap. Just add a flannel zip-up, oversized key ring, a case of Coors Light and we know you'll be first in line to see the new Angelina Jolie movie.

As evidenced by your status as founder and president of The Baby-Sitters Club, you clearly have a love for politics and bureaucracy, which invites the inevitable Mary Cheney comparisons.

If you add the overweight millionaire father aspect, you're two steps away from being outed by during a presidential debate and causing a minor political upset.

Politics aside, your motives in starting the BSC seem questionable. Do you really love to babysit kids? Or did you just want an opportunity to stay in close quarters with Stacy in case she goes into diabetic shock and needs you to administer an insulin shot in her butt cheek?

On one hand, we know that if Lifetime movies have taught us anything, it's that lesbians love child care. Whether it is *If These Walls Could Talk 2*-style epic quests to track down the perfect sperm donor for artificial insemination or domestic dramas surrounding prohibitive gay adoption laws in Florida, kids often rank along with Eagles tickets and Tori Amos albums in the scheme of lesbian priority.

SEE 'BSC'S KRISTY = LESBIAN?' ON P. 21

ENTERTAINER OF THE WEEK: KRISTY THOMAS

AT THE CONCERT HALL:

Little Applause for Clap Social Distortion Focuses



courtesy of google.com

Despite the hype, Clap Your Hands Say Yeah came across as disappointing and "pretty boring" in concert, lacking dynamics and originality.

Kazuaki Watanabe
Staff Writer

Brooklyn's Clap Your Hands Say Yeah have brought along Aussie sweethearts Architecture in Helsinki on a 2006 fall tour, where they had a stop in New York City's Rumsey Playfield, nestled between the green lawns of Central Park.

Since I managed to come up with a few free tickets, I decided to check out the most hyped band there is right now and see whether they could keep their footing the enormous mountain of praise they have been garnering over the past year since the release of their self-titled, independently-released record.

Takka Takka opened the show. I don't know anything about them and I missed most of their set from waiting in line for a hot dog for 40 minutes, so I won't say much. I guess not leaving the hot dog line to watch them says enough.

Architecture in Helsinki took to the stage afterwards. My familiarity with AIH was limited to the one CD I had – 2005's *In Case We Die* – which was a cute, pleasant and breezy indie pop record with bits of electronic ingenuity.

I was looking forward to seeing how the songs that pasted together so well on disc

SEE 'CLAP YOUR HANDS' ON P. 20

Lynette Surie

Former Arts & Entertainment Editor

Taking the stage, and this reporter's breath away, Social Distortion rocked the tri-state area this past week with consecutive nights at Irving Plaza, a banger at the Warsaw and a killer Jersey show at the Starland Ballroom in Sayreville. These Orange County, Calif. rockers have been bringing it hard for 27 years without an end in sight. Warming up for a new album to be released sometime in 2007, SD has taken a second tour around the country promoting southern Cali blues-punk with a twist of rockabilly flavor.

After numerous attempts, several failures and some big help from the band's promoter,

Rebel Waltz's Shaun Trulin, I was able to press my way into the N.J. show. The sweaty, tightly packed room at Starland heaved and pulsed with generations of SD fans. Standing directly behind me was a starry-eyed, hard-core, 7-year-old fan and his 40-ish parents.

An all-ages show, this sight was not uncommon and had been personally witnessed at their Nokia Theater, NYC show last winter. Social Distortion brings families who like to rock together. It really makes me wonder what family sing-a-longs are like in today's post-punk, rap-raised family. That kid has the coolest parents.

Legions of fans were kept entertained

SEE 'SOCIAL DISTORTION' ON P. 20

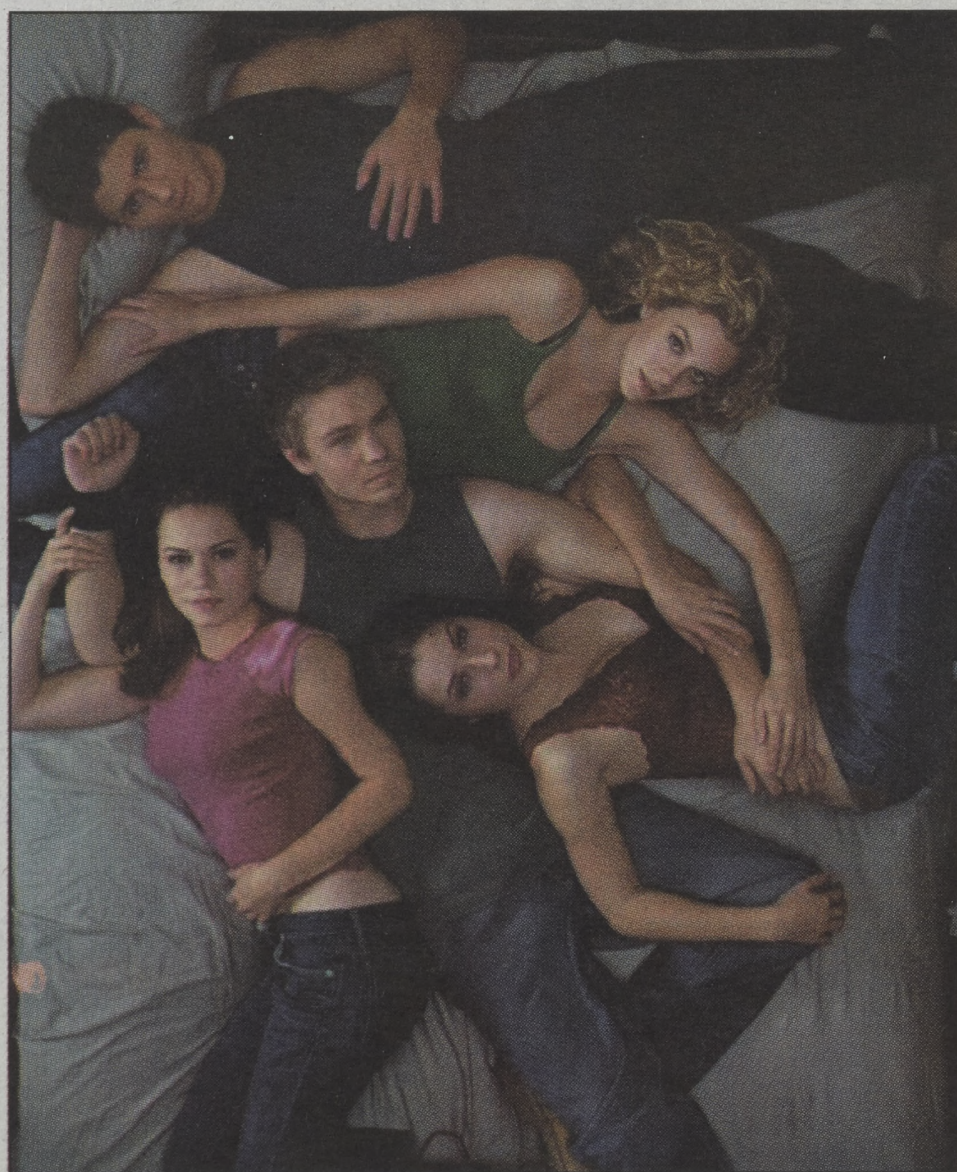


Lynette Surie | The Montclarion

Singer/Guitarist Ness proving that Social Distortion is back and rocking harder than ever.

ON THE BOOB TUBE:

A Web of Lies and Deceit in *One Tree Hill*



courtesy of google.com

Seduction, betrayal and basketball are the games best played in the small town of Tree Hill on the CW's nighttime soap *One Tree Hill*.

Regina Ward
Staff Writer

One Tree Hill

Creator: Mark Schwab
Starring: Chad Michael Murray,
James Lafferty, and Sophia Bush

★★★★★



If you're a fan of grown adults playing high school kids, this is the drama for you.

Imagine finding out that one of your greatest enemies is actually your brother, your best friend is kissing your boyfriend, starting an ongoing war between the two of you, getting married at the age of seventeen or even brother killing brother and school shootings.

From scandalous relationships to unsolved mysteries, you'll find it all while you are watching one of greatest teenage shows of our day: *One Tree Hill*.

This show stars some of the hottest, youngest stars today like Chad Michael Murray, James Lafferty, Hilary Burton, Sophia Bush, Bethany Joy Galeotti and Danneel Harris.

It's the tale of angst-ridden "teenagers" who've woven themselves into all sorts of love triangles and dilemmas – all set around the school basketball team, the cheerleading squad and their families in Tree Hill.

For those who have never seen this show, let me recap the last few seasons for you. In season three, the teenagers' relationships grew deeper and took unexpected turns. Lucas (Murray) fought for and won Brooke's (Bush) heart, only to lose her when she learned of a kiss he and Peyton (Burton)

shared during a moment of crisis.

A friend of Lucas' brought a handgun to school, shot Peyton and ultimately took his own life.

Meanwhile, still dealing with the death of Ellie (her biological mother), Peyton suffered the loss of Brooke's friendship when she admitted she harbored feelings for Lucas. Haley (Galeotti) and Nathan (Lafferty) overcame old wounds and mended their broken marriage, ultimately renewing their vows in a fairytale wedding.

The lives of the adults were no better. Keith (Craig Sheffer) returned to Tree Hill, intending to be a husband to Karen (Moir Kelly) and a father to Lucas – only to be murdered by Dan (Paul Johansson), who believed Keith had tried to kill him in a fire.


After learning from Deb (Barbara Alyn Woods) that she was the one who tried to kill him, Dan was left only with his guilt and a terrible discovery that someone might know what he did. Karen, alone and struggling with the loss of Keith, discovered that she was pregnant with his child.

Season three ended with a horrible climax when Nathan's uncle Cooper (Michael Trucco) tried to end his dysfunctional relationship with high school bad-girl Rachel (Harris). In the resulting argument, they crashed off a bridge, plunging into the river below as Nathan dove in to save them.

In the last moments, Rachel and Cooper were unconscious and Nathan was trapped in the submerged limousine, struggling for air and unable to save them or himself.

Above them on the bridge, Haley was left

SEE 'ONE TREE HILL' ON P. 18



SGA's 2nd Annual Masquerade Ball

Thursday, November 9th

8pm-1am

*\$20= MSU Students, \$30=
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Includes:

*Transportation to and from
Restaurant*

Cocktail hour

Buffet Dinner

And

Plenty of Refreshments

FOX THTR. (CONT.'D): A GRAND NIGHT FOR SINGING

CONTINUED FROM P. 15

Dance, the John J. Cali School of Music and the Shanghai Theatre Academy are responsible for the incredibly talented student performers involved.

Michael Barretti and Michael Yates sing like a dream and deliver a beautiful "All At Once You Love Her."

"I'm Gonna Wash That Man" was superbly performed as a Dixieland jazz number by Lily Ma, Jaclyn Ingoglia, Desiree Rodriguez and Lauryn Sullivan.

Besides the soaring melodies and beautiful musical arrangements by Fred Wells, another high point of the evening was when Dean Maroulakos and Nicole Reta served up a hilarious rendition of "Shall We Dance?"

Afton Boggiano also left us in stitches with "I Can't Say No."

Our hearts were touched by Sam McDonald's "Soliloquy (My Little Girl)" and we were delighted with Seth Cao's bright and vibrant "Oh What a Beautiful Morning."

MSU's *Grand Night* had scenic design by

J. Wiese, costume by Steph Cathro, lighting design by Jill Witte and dramaturgy by Mark Richard.

Nicole Scandiffio was stage manager, Jelani Remy was dance captain/standby for Seth Cao and Lauren Messinger was a standby for Lily Ma.

Keith Goodman, John O'Brien, Pete O'Connell, Seth Paris, Karen Satterthwaite and Aaron Jodoin were the musicians that played the glorious Rodgers & Hammerstein score.

Congratulations to the entire cast, crew, and creative team on a job well done! As Dean Maroulakos boldly put it in the latter half of Act I, it certainly was a "grand night for singing!"

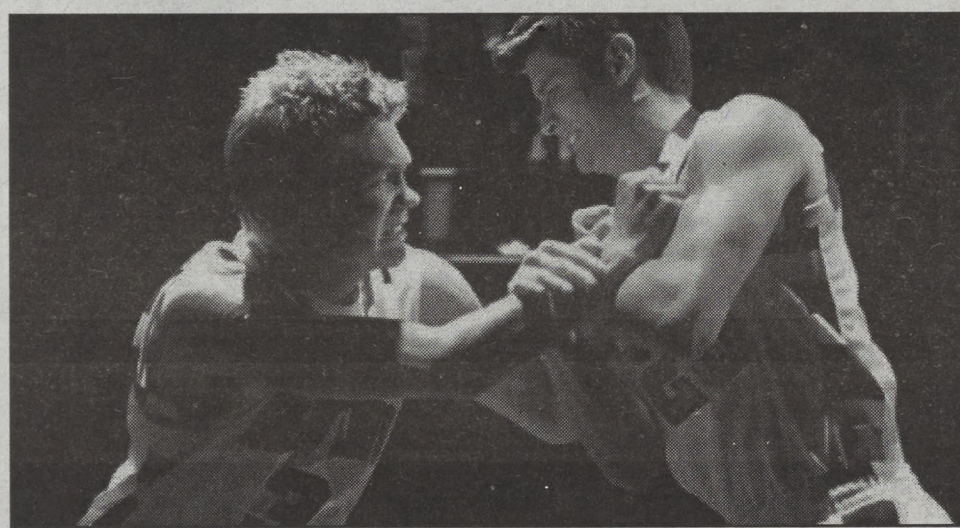
A Grand Night for Singing was originally produced on Broadway in 1994 by the Roundabout Theatre Company, won the Drama Desk Award for Outstanding Revue and received Tony nominations for Best Musical and Best Book of a Musical.



From Left: Michael Yates, Jaclyn Ingoglia and Michael Barretti show their pipes in *A Grand Night for Singing*. Mike Peters | The Montclarion

BOOB TUBE (CONT.'D): ONE TREE HILL

CONTINUED FROM P. 16



courtesy of google.com

Chad Michael Murray and James Lafferty in a fit of sibling rivalry on *One Tree Hill*.

alone screaming desperately for help.

The focus of this season's premiere lies mainly in the mystery of who it was that saved Nathan, Rachel and Cooper and the results of the incident. Now Rachel has an obsessive crush on Nathan (who is married to Haley) because she thinks he saved her, and he reminds her of Cooper.

Meanwhile, tortured soul Lucas is driving a wedge between best friends Brooke and Peyton, both of whom harbor feelings for him. It's textbook high school drama but, hell, at least Chad Michael Murray is not too bad to look at.

It must've been a godsend for the show's directors when the show's main couple, Brooke and Lucas, hit it off in real life and got married. However, less than a few months later, it was all over. Thankfully, it's nothing a little re-write can't fix.

This season was clearly filmed when they were still an item and very much in

love — or else Bush deserves an Emmy.

In last Wednesday's episode, Rachel was on the prowl and Nathan was her feast. Brooke starts feeling a bit insecure when Lucas and Peyton, his ex-girlfriend who also happens to be Brooke's best friend, start spending a lot of time together.

Then she breaks up with him and finds out that she is pregnant, but lied to Lucas about it. Peyton may be getting a bit too nostalgic about her past romance with Lucas. Peyton has also found her long-lost brother from her biological mother's.

Unfortunately, at the end of the episode, we see him cutting out a picture of Peyton and putting it into a collage of her, leading me to believe that he isn't really her brother but a possible rapist. However, we'll never know until keep watching.

This show is all the action and excitement you need on your boring Wednesday nights at 9:00 on the new CW.

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AT THE CINEMA (CONT.'D):

THE DEPARTED

CONTINUED FROM P. 15



Jack Nicholson proves that old age can't hinder an enormous talent and, once again, bares his acting chops in *The Departed*.
courtesy of outnow.ch

actually a cop. This is Scorsese doing as he so often does: blurring the line between good and evil. These ambiguities are intelligently explored here, but there is much more.

This movie is fun to watch. Very few films can get a jaded movie viewer giddy with excitement, but *The Departed* does this well. It's constructed in a fast, economical and often in a genius way.

Every second of this nearly three-hour film is a joy to watch, not to mention infused throughout with a brilliantly dark sense of humor.

Scorsese has always known how to film New York, but he manages to capture Boston here. The city is photographed beautifully by

Michael Ballhaus.

The editing by Thelma Shoonmaker reminds the audience as to why other Scorsese films (*Raging Bull*) are so brilliant. Each take effectively moves the film forward. It's kinetically paced, but never rushed.

Viewing *The Departed* is watching a master at work. Scorsese can take an object, like a cell phone, and make it an essential part of telling his story. The film feels epic, taking place over several years, but still manages to examine every character, giving each the time he deserves.

Unfortunately, not every character deserves the time they're given, namely Jack Nicholson. His unbelievable film career has

given him a license to suck.

It feels like he read the script and decided it needed more 'Jack,' which *The Departed* has in spades. There is an ample supply of Nicholson-brand ham, with all the eyebrow movements we come to expect from the actor. The movie stops so that Uncle Jack can show off.

Luckily, Scorsese has the good sense to cast an otherwise brilliant cast. Boston native Damon spoke in interviews about worries that DiCaprio wouldn't be able to handle the accent. Not only is DiCaprio's accent not

a problem, but his performance is superior to Damon's.

The real surprise of the film comes from Mark Wahlberg, playing the supporting role of Dignam. Wahlberg has been good in other films, such as *Boogie Nights*, but here he dominates the screen. He's got the wit and gravitas that one wouldn't expect from 'Marky Mark.'

There were better films released this year, but none where I had this much fun. This is everything we've come to expect from Scorsese and — often — more.



As Billy Costigan, Leonardo DiCaprio learns the difficulty and confusion that comes with playing for both teams in Martin Scorsese's return to brilliance, *The Departed*.
courtesy of outnow.ch



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FROM THE CONCERT HALL (CONT.'D):

SOCIAL DISTORTION

CONTINUED FROM P. 16

by the two opening acts, Blackpool Lights and The Supersuckers. Blackpool Lights, a young band out of Kansas City, Mo., set the pace with some thoughtful lyrics and rock spirit. They didn't get the greatest reception, but I think it was because they were not necessarily a good fit for the Jersey punk mob that night.

The Supersuckers didn't live up to their name, though they swung far to the other side of Rockabilly and bordered on hillbilly. They were entertaining and charismatic, and their lead singer, Eddie Spaghetti, joined SD onstage for a tune. In short, it is worth it to Google both bands and give a listen.

With a riotous reception, Social Distortion opened their show with a song off one of their newer albums, *Winners and Losers*. Thunderous is the only word I can think of to describe the volume in the room. In their own lives, SD embodies winners and losers.

Founded in Southern Cali's Huntington Beach in 1979, SD's history is everything rock'n'roll. From trouble with the law to a sordid past filled with excess, SD has come full circle. Their soulful and edgy lyrics, from "Prison Bound" to "Don't Take Me for Granted," have had, and will have, audiences amped. With a broad mix of original Social Distortion and some post-hiatus heart, the blend between old and new was indistinguishable.

Their latest album, *Sex, Love and Rock'n'Roll*, is a soulful full-length studio album, the first since Dennis Danell, their 38-year-young founding guitarist, died of natural causes in 2000.

Mike Ness, vocalist, front man and poet,

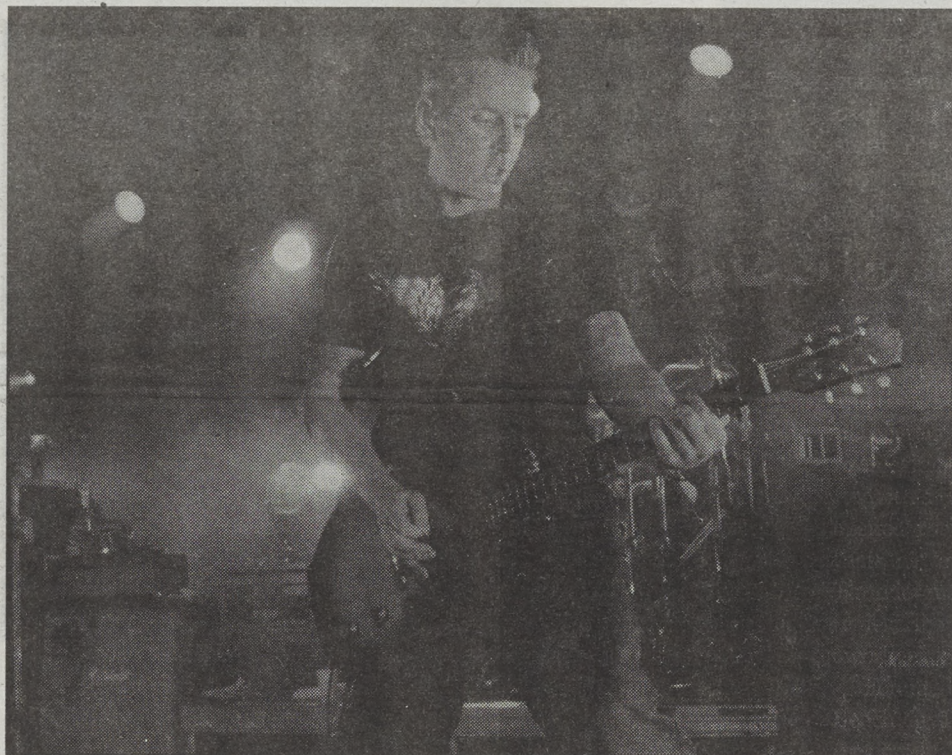
remains the only original member, a survivor with the presence of a punk-rock god. Joining him on stage is the current incarnation of SD: Jonny "2 Bags" Wickersham, a guitarist formerly of Cadillac Tramps; Matt Freeman, a bassist on hiatus from Rancid and Charlie Quintana on drums.

With nothing to prove, SD showed everyone how hard they still are. After a wildly loud and vigorous opening, the crowd swelled with anticipation of "Sick Boy," a classic SD tune; the crowd was riled up to the point of frenzy! The mosh-pit was alive with sweaty Doc Martens and over-gelled mohawks.

Joyously, the crowd surfers saluted the band as the security guards saved each of them from being tossed underfoot. I was lucky enough to escape the photo pit with only one kick in the head from an over-exuberant surfer who was ecstatic to make it to the stage. The heat, radiating from both the band and the stage lights, almost melted me in the pit. Perspiration was flung far. The meaty guitars and heady drums energized the anticipatory crowd. Ness was making love to his guitar while his vocals entranced the audience. It was wild.

"Mommy's Little Monster," a 1983 hit and one of their most punk songs, was performed with a re-sharpened edge, cutting through the crowd like double-edged razor. Now I know what all the safety-pins are about in punk fashion! Flailing limbs landed unintentional punches on anyone within a 25-foot vicinity of the stage. It was all in good spirit, however, and all was forgiven.

Before we knew it, the band was getting off stage for the night. Cheering for the



Lynette Surie | The Montclarion

Johnny "Tea Bags" Whittaker gives his audience the kick-ass guitar playing they came for.

expected encore, my 7-year-old little buddy and I screamed for more.

Meanwhile, an overenthusiastic fan took over the mic to tell us all about how Social Distortion fights the tyranny of the world and frees oppressed people through the magnitude of their lyrics — before the security guard realized he wasn't supposed to be there and chased his freedom-loving person offstage.

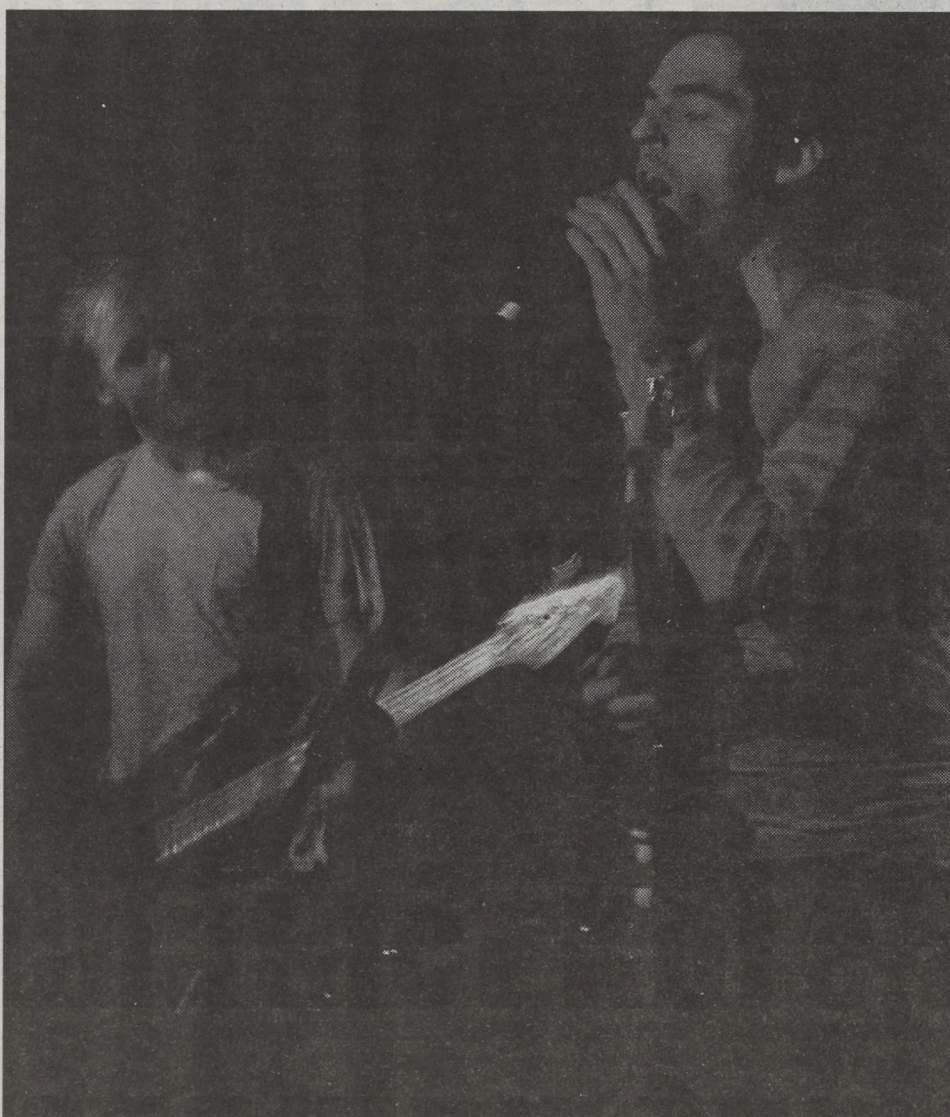
"Prison Bound" was the first of two encore songs, one of which most of us had waited the

whole night to hear. Ness, on lead guitar, played with such ferocity and spirit you could see the emotion pouring from each lick.

Their ode to Johnny Cash, "Ring of Fire," closed what has got to be the best show of theirs I have seen this season. Reworking the Cash twang into a true rockabilly sound is part of their talent. Some can say it is only a cover, but I say they truly made it their own. I would be sure to check them out next time they come around.

CLAP YOUR HANDS

CONTINUED FROM P. 16



courtesy of google.com

The vocal talents of Clap Your Hands Say Yeah's lead singer Cameron Bird are questionable, with lines coming out shrill and sounding like "a three-year-old with a tantrum."

would come to life through a live performance.

The stage was littered with numerous guitars, drums, speakers, heart-shaped balloons, trombones, electronic drum pads and effects pedals — a total organizational mess.

AIH walked on, about a half-dozen musicians or so, each of them visually notable in some way: a kitschy 80's baseball cap on one and a long beard and dreadlocks on another.

The female keyboard player/vocalist wore

an XL t-shirt that had a giant koala bear's face on it. It was quite a sight.

AIH went straight into (what I think was) a previously unrecorded track with heavy emphasis on electronic sounds and dance grooves. The crowd responded enthusiastically with a synchronous bobbing of heads.

Almost without break, AIH went into "The Cemetery," a popular song off *In Case We Die* that spastically jumped between tempos, singers and vocal hooks.

It was a little sloppily done, but I forgave them since it was only the second song and because they were cute. After a few more songs with the same sloppy delivery, however, the cute thing only compensated for so much.

The songs were a jumbled mess of loud electronic beats that were rained on with even louder keyboards that got tiresome real quick. The lead singer, Cameron Bird, often substituted a usually sung line with shrill shouting, not unlike a three-year-old with a tantrum.

Though they were a cute bunch with a bit of sincerity — the koala girl told the crowd how she had always dreamed of visiting Central Park when she was a little girl and then thanked the crowd for coming — their performance was as wild and disheveled as their stage setup.

Immediately after AIH finished their set, people started muscling their way through the crowd to get up front for CYHSY. With a pain in my lower back from standing through AIH's set, I decided to get a bleacher seat in the back of the venue where I could enjoy CYHSY's set seated.

CYHSY opened their set with the opening track off their (only) CD — a silly, Sgt. Pepperesque choral chant that repeated "Clap your hands!" among other inaudible words sung along to a chord organ.

Behind the band was an enormous back-

drop of some new cartooned cloud motif that the band used to promote the tour. The band members were tiny silhouettes in front of the massive sheet.

As the set continued, I realized that their lack of size and significance was relative not only to the backdrop behind them, but to the hype that brought them there.

The band went through their limited repertoire, adding a new song here or there. Alec Ounsworth's voice squeaked and cracked on cue, squeezing out lines like "Shake your rattle-snake skin and become a part of society."

From where I was, I saw the backs of a thousand little heads all jumping up and down. I tapped my foot lightly on the metal bleacher and caught myself yawning.

One song that stuck out was an unrecorded song with a heavy dance vibe that had "Satan, Satan, Satan, Satan, Satan" as a chorus. However, other than that, the set in its entirety was kind of lackluster and actually pretty boring.

The sound was loud, but not dynamic. The songs were reproduced as on the record, but with nothing to add to it.

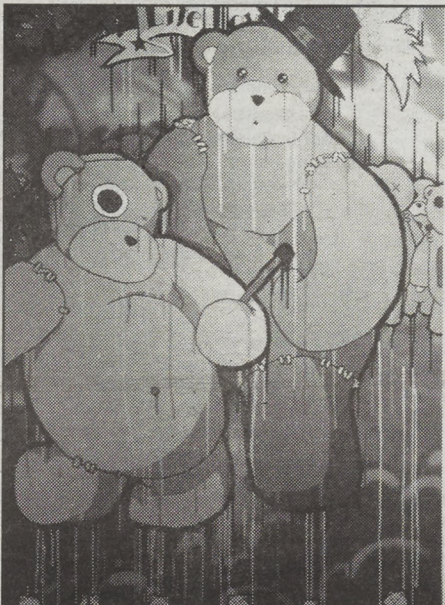
Overall, I kind of just shrugged my shoulders and said, "So what?" The set wasn't terrible, but it wasn't great, and that's more of the point I'm trying to make.

With so much hype lifting these guys up and polishing their name, the mediocrity of the performance came off as being something worse; the expectations that were preset before seeing the band made the judgment afterward a little harsher.

All in all, the concert was "O.K." With AIH's sloppiness leaving them to do a little bit of straightening up and CYHSY's mediocrity leaving them to spice things up a bit, it's going to be a long time before I am convinced to see either of those bands again, even if it was for free.

AT CALCIA HALL (CONT.'D): PETER JOHNSON

CONTINUED FROM P. 15



Duygu Atacan | The Montclarion

Peter Johnson's mutilated teddy bears spins totems of innocence into representations of a darker reality through means of irony.

when you walk in, entitled *Suburbanite*. The acrylic canvas piece was a representation of a family comprised of three stuffed animals: a rabbit mother with a stitched heart and appendages, a teddy bear father with a button eye and stitched appendages and a stitched rabbit-esque child.

The word family was tagged in the hot, red negative space. The mutilated-looking stuffed animal seemed to represent the state of families — of people — today, as stuffed animals are totems of childhood and innocence,

but when torn, sewn, patched — mutilated essentially — they transform the presupposed sense of purity of the object and question the nature of what they originally represented.

The drips in this piece, in combination with the intense use of color, seem to completely upheave the American family.

I believe that it's localized in that the family is mixed — the teddy bear and the stuffed bunny with their mutt bunny-teddy child.

Mixed families are very American. The mother's heart is patched, the father's eye is

a button. Perhaps the artist was expressing the way people are pushed and pulled in a million directions to the point of mutilation with this piece centrally focused on family.

Finish was atypical to the show in that it featured the figure of a human, specifically a nude, black female with an afro. She was posed in an erotic position, one hand in front of her flirtaciously posed. Tagged in the sex-rouge colored background was the word "finish."

This painting was quite obviously about sex. The word "finish" is implicative of climax and the seductive pose and nudity was representative of the female seductive ideal.

What I found nice was that the drips, consistent in many of the works, served a different purpose in this piece than in the aforementioned *Suburbanite*. Where they served as a communication of a melting, dissolving family structure before, in *Finish*, they served as a sexual commentary.

The mind is led to fluids, sweat in the marking of the fluidity of the medium — paint — and in the hot coloration. It's also nice that the ideal wasn't the typical Venus seductive figure, that she wasn't a Barbie doll, but highly seductive still.

Devil Dog seemed to be the piece in which Johnson was the most meticulous. He still utilized block shading, but in greater detail.

The large, devilish-looking dog had detailing that cited the cherry wood, Chinese dog figures seen adorning the steps of old

Chinese architecture; they were guardian figures.

Johnson's dog, however, had a skull and bones symbol in the background, making this dog seem not to be "man's best friend," but more threatening: the anti-guardian. This gives evidence of a theme of contradiction, of irony, of the mutilated totems of innocence, of the uninviting best friend.

Next was a series of three painted skateboard decks: *Big Cancer*, *Thick Hair* and *Swank*. I love these because they are truly indicative of the sentiments had by the skateboarding, graffiti, hip-hop subculture. *Big Cancer* was a beautiful, black woman smoking a cigarette.

Thick Hair was a woman from behind, a blond with long cascading hair and finally, *Swank* was a redhead.

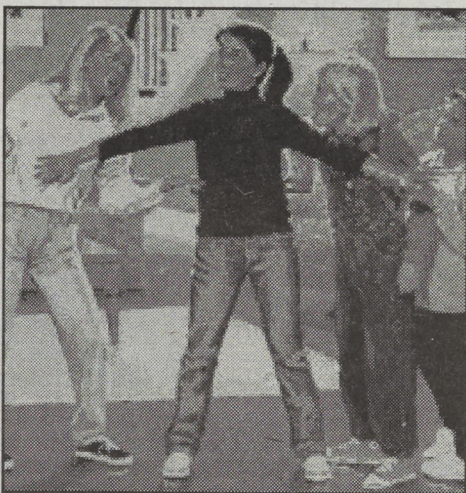
The irony of a beauty with a cigarette and that she, the black woman, was the third of the triptych to have a cig was telling of his more free definition of beauty, particularly in that the others were named for their hair and for their pomp.

The show was bright and vigorous, ironic and deliberate and a pleasure for the eye. However, I do wish that the artist would finish his work entirely. When I looked closely, I could see the pencil marks through the acrylic washes. Also, the visual weight on some pieces cried out for more black contours.

Otherwise, I'm all about the line work, the vibe and, most of all, the cynicism.

ENTERTAINER OF THE WEEK (CONT.'D): BSC'S KRISTY = LESBIAN?

CONTINUED FROM P. 15



courtesy of google.com

Is Kristy trying to stop a fight or cop a feel? You're left to make your own conclusions about the cover art for "Kristy and the Great Sister War."

On the other hand, Stacy is pretty hot. Diabetes aside, she's a sophisticated New York City girl with a cutting edge perm. And lesbians love perms.

Do you think that all this denial is fair to Bart? Getting him all hot and bothered with your overzealous soccer mom calls to "hit the dirt" while the two of you coach your respective little league teams side-by-side and then resist his masculine wiles and promises of official BF/GF status?

I'm sure he has inkling; we all have inkling. Technically, the two of you have been dating for twenty years, so he's bound to be a little suspicious. We've seen the book jackets. We know he's not an unattractive fellow. He has the same sharp masculine features and wind-swept surfer cut as K.D. Lang.

He's not Katie Holmes and you can't keep him hanging by that one shred of heterosexual hope forever. Like going to a wake and seeing the dead body of a loved one, he needs

closure to move on. You need to tell him that the only man for you is Mary-Anne Spier.

Now let's take a moment out to take a good, hard look at Mary-Anne too, okay?

Two words: lipstick lesbian.

With the combination of her shyness, quiet introspection and suburban Connecticut repression, Mary-Anne seems the ideal candidate to one day become a sensitive and socially-conscious lesbian singer/songwriter who plays alongside Ani DiFranco at sold-out Lilith Fair concerts.

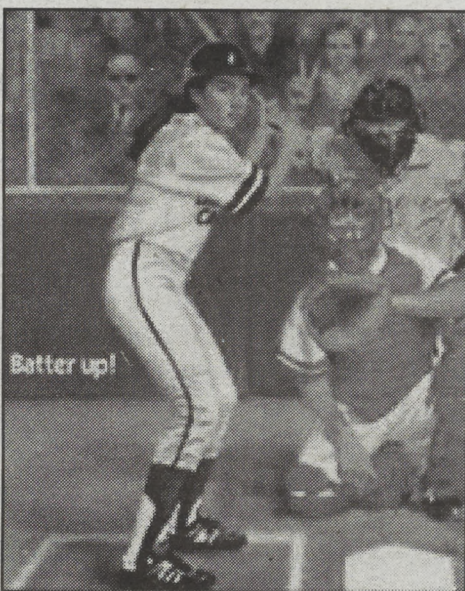
Also, let us not forget when she 86'd her distinctive handlebar pigtailed in favor of a bowler-cut. Perhaps she got tired of you wearing the relaxed-fit Bugle Boy pants in your "friendship" and decided to fight testosterone with testosterone.

I agree she shouldn't have done so by taking a note from the book of Rosie O'Donnell post-talk show cancellation when she showed



courtesy of google.com

Kristy and Bart: Need I say more?



courtesy of google.com

Lesbians love athletics; This cover for "Kristy at Bat" is a rare collectable as it depicts the only time in Kristy's life that she'll ever grip a long, slender pole between her palms.

her true lesbian colors by making a terrible hair faux pas. But even though the two of them looked more like the lead singer from Flock of Seagulls than any of us were comfortable with, we all got the message loud and clear: did you?

Now, before you throw down the "serious relationship with Logan Bruno" card, let me remind you of a few things: A) He was a male babysitter B) He loved to give makeovers C) His group of friends consisted mainly of preteen girls and D) He dated a girl who was hesitant to even hold hands with him.

Kristy, I'm sure you go to school with a lot more open-minded and free-spirited (i.e. loose) girls who would jump at the chance to take advantage of his Southern Belle charm.

This is middle school, after all. I'm sure

you've seen *Degrassi: The Next Generation* or Lifetime's "preteens with syphilis" epic *She's Too Young*. I bet you anything that somewhere, Liza Minnelli and David Gest are screaming "Marriage of convenience!"

Of course, not every one of your friends in *The Baby-Sitters Club* is gay. This is Connecticut, after all, not Thursday night at the Colosseum.

Stacy is a total heterosexual slut and Jessi and Mallory love books about horses, which will probably cause its own set of relationship foibles with men later in life when they feel an unnerving sense of disappointment. However, you are definitely gay.

Naysayers may make the argument that you're only 13 and can't have such a realization. Said naysayers clearly haven't done the math. If you were 12 when the first book was published in 1986, then that would make you roughly 32 years old by now.

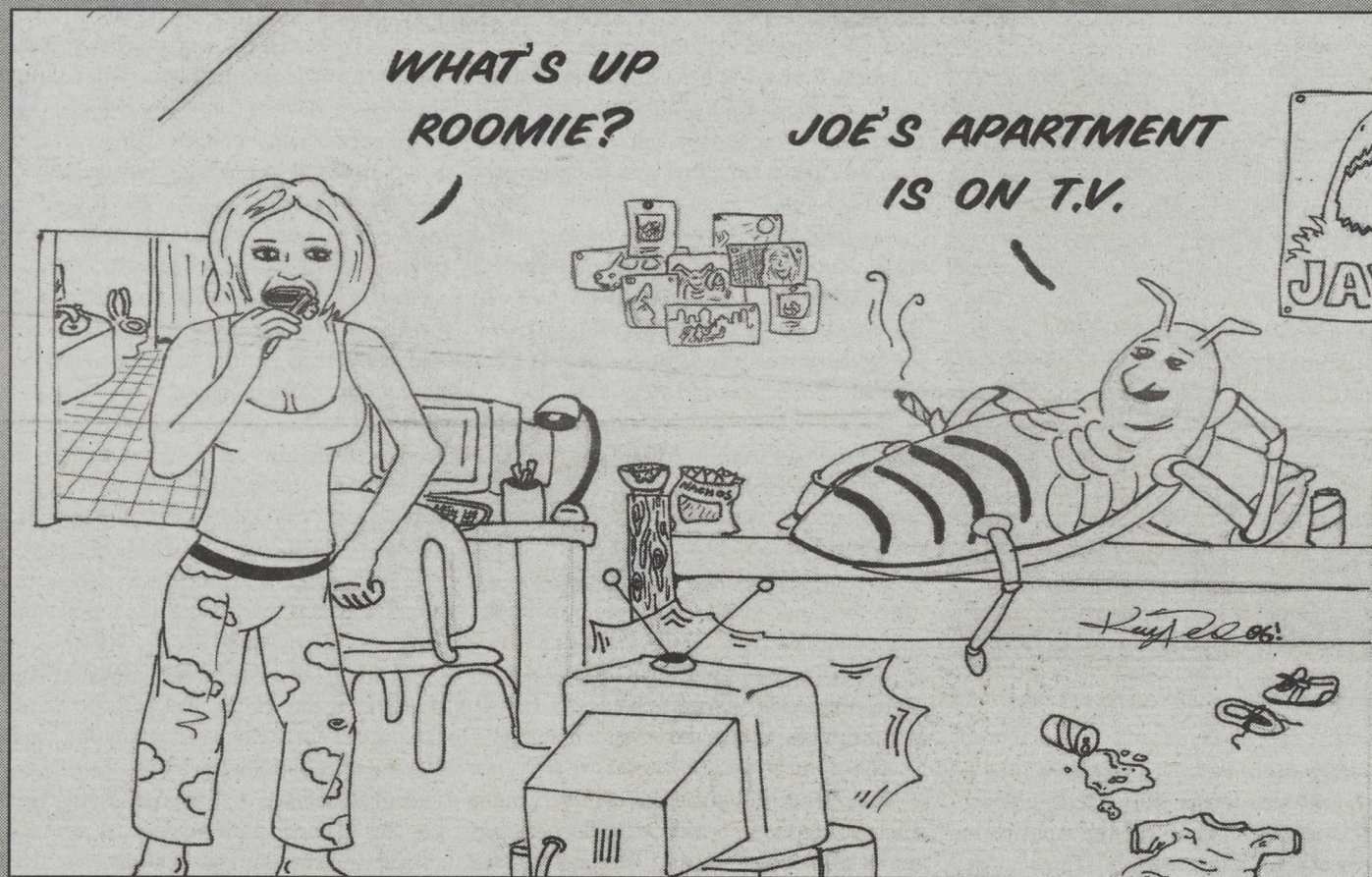
The "of drinking age" actress who played you on the television show and the drawings of you on the book covers where you look more like Bea Arthur than a girl about to graduation from middle school have done nothing to dispel this claim.

Don't worry Kristy Thomas, a lot of people come out late in life, so don't suffer in silence. If you really are only 13 and somehow have the ability to celebrate the exact same summer break 14 different times and 14 different ways, then you're definitely a mature 13.

You run a business, a little league team and go to school full-time. Why not add P-FLAG meetings and board game night at the local gay and lesbian center to the list?

Give Bart the boot, tell Mary-Anne how you feel, stick the hypodermic needle in Stacy's fanny and, for God's sake, give your audience something new to read about in the second chapter of your books.

Las Cucarachas in Blanton Hall



Kevin Dunphy | The Montclarion

A dorm room in Blanton Hall can now be summed up by the Sublime song "Garden Grove." The residents are "finding roaches in the pot." Yes, that's right, a group of female tenants have had their room infested with cockroaches and another tale of woe is documented in the Greek tragedy we call Montclair State University.

The cockroaches have only been seen in the one room as exterminators are working hard to rid the building of any further complications. We hope that we are making a mountain out of a mole hill and that this situation will be taken care of, but there is always a chance that Blanton Hall could look like the abode featured in the movie *Joe's Apartment* by the spring.

The neighboring community of Bohn Hall is experiencing an infestation of ladybugs. Well, we really have nothing there. Ladybugs are cool, and no one's ever said a bad thing about that them, so why bother? Come on, if you had ladybugs hanging out in your apartment, you'd be obliged to your new creepy, crawling roommates.

As for the hub of student activity, Montclair's infamous Student Center has seen better days. For one, when it rains, buckets dot the basement hallway in an attempt to stop rainwater from collecting on the tile floor. The Student Center also has small bugs flying around. Fruit flies have been seen hovering around the coffee station noticeably for the past couple of weeks.

Obviously, this not a Biblical plague, and in most cases, it would go unseen. Honestly, who cares about some bugs here and there? We agree that it is hard to keep every little detail in check here at this university, but are the multiple infestations of bugs a small sign that conditions in surrounding buildings are declining?

Take, for example, the posh confines of The Village, which has in recent weeks had the air-conditioning vents turn into heating vents though it was still in the mid-70s. This same trick can be seen in Dickson Hall. Everyone hates taking classes there in October because the heat is on full blast while outside it's baseball weather. According to

"There is always a chance that Blanton Hall could look like the abode featured in the movie *Joe's Apartment* by the spring."

a Freeman resident, he has not had heat in his room for a week. So what is up with these small-time glitches? Is it neglect? Or is it poor planning?

Well, the answer would be both. We have been drilling it into everyone's heads that this university needs to start cleaning up their act for physical appearances, but who would have thought that now we are teetering on the border of health issues? Yes, all universities have them, but ours seem to settle in your stomachs a little differently.

Ladybugs and fruit flies can be dealt with, but cockroaches don't play around. They're like terrorists. They can adapt to almost any condition human beings throw at them. Even if you step on a female one and think you've killed it, the eggs will be spread out on anything your shoe touches, which can be a large quadrant of your living quarters. So what should MSU do about this disgusting situation?

It seems paying close attention to minute details like this one can help prevent bigger problems of epidemic proportions. It is not that big of a deal right now, but if it's not dealt with in time, it can lead to a more costly solution. Only time will tell if this problem is cut off at the knees or if it will escalate into another horrid dilemma that will be added to the list of MSU grievances. When a person's health is involved, this can not be overlooked.

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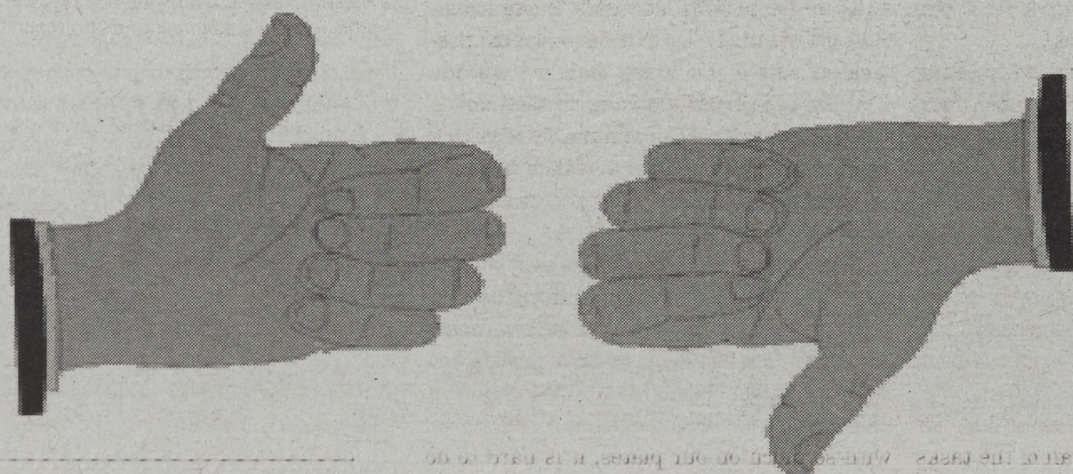
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WEEK IN REVIEW



- Thumbs up to the bus system's improvement in punctuality this week.
- Thumbs down to the buckets of water in the Student Center
- Thumbs up to Sodexho in their fight against hunger in America
- Thumbs down to the copycat vandal who scribbled the word "Red Rum" in candle wax in Dickson Hall.

United Front in U.S. Labor Struggle

How the Exploitation of Illegal Immigrants and Lower Class People Affects All Workers

To understand the truth about illegal immigrants, you need to understand slavery. What made slavery profitable was the legal



GROVER FURR
SPECIAL TO THE
MONTCLARION

status of slaves. Slaves had no rights. Therefore, they could be exploited to the maximum possible extent.

Many trade unions in the North recruited regiments to fight in the Civil War. They knew that the legal status of slavery had to be abolished to keep the price of their own labor from being lowered. They knew something that has been hidden from us: cheap labor anywhere is a threat to labor everywhere.

Last year, young people in France went on strike. They were protesting a law establishing a lesser legal status for workers under the age of 26. Employers would be able to pay them less and fire them more easily. They could be exploited more severely than older workers could.

Many older French workers joined these protests. Why should a boss pay them a higher wage if he could get younger workers to do the same work cheaper and fire them before they got more seniority? Cheap labor anywhere is a threat to labor everywhere.

So-called "illegal aliens" are workers who have almost no legal rights. Therefore, they are super-exploited by employers. They do very hard work for very low wages. They pay taxes – employers have to deduct them – but they get few benefits.

They exploit no one. They are super-

exploited. They are like slaves, they are like other workers, except for one thing: their legal status.

You and I are hurt too. The existence of a large group of workers who can do the same work, but can be super-exploited and treated like dirt pulls down the wage level for all other workers. Always, everywhere, cheap labor anywhere is a threat to labor everywhere.

Who is promoting the attack on undocumented workers? Both the Republican and Democratic parties. Employers bought them off long ago. Democrats and Republicans are "two wings of the Business Party." Google this phrase. Neither stands for us.

The Republican/Democratic strategy is two-fold: (1) Allow enough Mexican immigrants into the country to take the low paid, back-breaking jobs and (2) maintain their illegal status so that these workers can't complain about conditions and certainly never go on strike.

Both parts are necessary – a somewhat porous border to have enough superexploited labor and the illegal status that prevents organizing a struggle over the surplus value these workers are creating.

And then there's a bonus: the politicians can blame immigrants for every conceivable problem that capitalism creates: unemployment, budget crises, crime, poor services, etc. And they even point to the industriousness of Latin immigrants and tell blacks, "Look at how hard these people work. Why can't you work as hard?"

The 1863 New York "Draft Riots" saw lynchings of black workers by white workers. Much easier to "blame the victim" – a rela-

tively powerless worker, like yourself – rather than the powerful exploiter-employer.

In the post-Civil War "Jim Crow" South, white workers were told: Help keep the black workers "in their place" without rights because "Whatever they get we will take away from you."

True, the super-exploitation of slaves and black workers kept wages and living standards lower for all workers. Who benefited? The employers, of course. Exploiters love it when we, the exploited, fight one another instead of uniting to fight them.

Not all "white" workers fell for "blaming the victim" and cutting their own throats. The Communist Party and the CIO actively fought racism against non-white workers, supporting equal rights for all.

When you think about it, it is obvious. All workers should have the same legal rights and as many rights as we can get. That is the only way one group of workers can be not super-exploited with their cheaper labor dragging down wage rates for all workers. There is no other way.

Today, the United Bosses of America are doing all they can to encourage "legal" workers to think that "illegal" workers are our enemies. Build walls, patrol the borders, or call "La migra" (Immigration)!

Get the workers fighting each other, but make sure they do not recognize the truth.

Here's the truth: We have got to do away with the category of "illegal" workers. "Illegal" workers have almost no rights. That's why they can be super-exploited. That's why their cheap labor pulls down wage rates for all other workers.

And that's why employers love "illegal"

workers – because they work cheap, cannot organize a union and cannot strike for better pay and conditions. They are as close to slaves as a boss can get, in these "enlightened" times.

So we need a workers' campaign. Full rights for everybody on American soil! If your feet hit dry ground, you have the same rights as everybody else.

In the 1860s, many trade union members went to war to get rid of slavery – the "legal status" that deprived other workers, like themselves, of legal rights.

Today, we workers, unionized or not, blue- or white-collar, need to get together and struggle to get rid of the category of "illegals," the "legal status" that makes some of us vulnerable to super-exploitation, police raids and blackmail of all kinds, and drags down wages and working conditions for everyone.

No more "legal status" of slavery – no more "legal status" of "illegal aliens."

You won't hear the President, Senators, Congressmen, Rush Limbaugh, John McLaughlin, John Stossel, ABC News, CNN, *The Star-Ledger*, or *The New York Times* say this. They are all large-scale exploiters of labor, or paid flunkies of such.

You won't hear The Minutemen or other "patriots" say it. These forces are no better than the Ku Klux Klan or Nazi Party. Any organization that pits one group of workers against another is basically fascist and should be treated like all fascists.

Full legal rights for all: good for "us" workers. Bad for those employers, and those exploiters. Pass it on.

Grover Furr is a professor in the English Department at Montclair State University.

The Reality of MSU College Life

One Student Speaks Candidly About Juggling a Life and a University Education

In a perfect world, Montclair State University as we know it, would be non-existent. We would all be millionaires with no



JAMIE-LYNN CORYELL
COLUMNIST

responsibility; our only worry would be what else to spend our endless money supply on. Our days would be spent watching television and eating bon-bons. Our fortune would prevent us from having to take some pointless classes and cramming until the wee hours of the morning for a test that day.

But this is reality; as students, we must face the world early in the morning as we climb into our cars to race to school and fight for a parking spot. Every day, we sit in class, take tests and do homework, and then have to get to a part-time or full-time job and still find the time for extra-curricular activities and a social life. Sleep and relaxation are unheard of and fun does not exist.

As a student at a college where the majority of students commute, I find myself and my peers having trouble keeping up with all of our responsibilities. Each day, we must go to class, sometimes (as in my case) taking six that already have something to do with my major, doing homework, writing pointless papers and studying for tests, which I have already realized are the weak aspect for me in school. We try to find the time to study, but sometimes there just is not enough.

Most times, as a commuter, we find ourselves holding at least one part-time job in order to pay for gas, books and our tuition bill in some cases, and to support our social life

(if we find the time for one). How is it that we find the time to put in 20 hours extra per week on top of schoolwork? I still have yet to answer that question; working 30 hours a week and taking eighteen credits, plus being involved in at least one school-sponsored activity, seems all a blur to me now as I robotically drive from school to work and home to catch a few Z's a night!

As if it was not stressful enough trying to juggle everything, we are always being encouraged to do more. Homework and work suck the life out of us; I often find myself too exhausted to do much on the weekends besides hitting the mall for a couple of hours (I am never too tired to shop). As I wander around the campus during my breaks looking for a spot to study, I see signs posted for every kind of club and event that you can imagine. Postings informing students of career fairs, the Marketing Association, Greek organizations and who knows what else are found everywhere. I often feel guilty not attending a meeting, but after a long day of classes, sometimes I just want to go home and quickly finish my homework so I can watch some television before bed.

I see so many other students walking around in a stupor to class, exhausted from staying up late to complete a homework assignment (because we know that they would never think about going to a party on a school night). Life as a commuting student with a job is often tough to handle, especially in a world where so much is expected of us. Now some of us may one day experience the taste of the carefree life that consists of bon-bons and millions of dollars in the bank, but I doubt all of us will. In the meantime, we must do our best to complete all of the tasks

on our never-ending to do list.

The current parking conditions at Montclair make it even more stressful to come to school in the morning. We all wish that we could leave at the last possible minute to make it to class on time, but traffic and the lack of parking spots make it nearly impossible for us to do that. The packed Transit deck forces me to leave over an hour before my class starts when I only live in the next town over. When I arrive, I have to search for a spot when I am still asleep at 7:15 a.m. and barely aware of what is going on around me.

The school's new policy of using Blackboard and not printing anything for students (such as the syllabus for the class that we actually need) is absolutely ridiculous. They force us to take even more time out of our hectic days to use our own paper, even though our tuition includes paper. Give us a break, Montclair State! A syllabus for each class at least will not kill you; the dangerous conditions in the parking lots have not killed any of us yet!

The increase in theft at the school, especially in the parking lots, adds to our stress. Stolen tires make us late for our next destination and more broke than we already are. Lack of security driving around makes me feel less safe, so in addition to worrying about a test grade, I have to watch my back, so neither myself nor my car is a victim of a crime.

Both commuters and residents have parents or guardians who worry about us and want us to do well in school. Sometimes, no matter how hard we try, our best is not as good as we hoped. We constantly fear that they will be disappointed. However, with so much on our plates, it is hard to do

everything that is expected of us. Lack of parking and security on campus, in addition to homework, jobs, commuting (or even living on campus) and finding time for ourselves stresses us out. Recently, I have found it hard to handle everything and it can only help to have conditions at MSU that make it somewhat easier to breathe around campus.

In other words, we are all stressed out as working students. It is hard to please everyone by doing everything that is expected of us while finding a couple of hours to spend on ourselves.

It hurts to hear adults and people around us say that we have it so easy, not worrying about caring for a household or holding a full-time job in the real world. Well let me tell you, I give myself more responsibilities (and not only at home) than many others do on top of everything else and I have handled working a 70-hour work week as well. So the next time you hear someone tell you that we have it easy as students, let them walk a day in our shoes!

Jamie-Lynn Coryell, a business major, is in her second year as a columnist for The Montclarion.

**Opinion
Writers
Wanted!**

Contact Tom Shields at
msuopinion@gmail.com

The Secret to Success: Know How to Write

Is Sub-Par College Writing Really a Reflection of Lazy Students or Poor Schooling?

An English professor of mine once put some symbols on the blackboard in two separate columns. On one side, there were the four basic mathematical functions (multiplication, division, addition and subtraction), and on the other side she put four basic punctuation marks (period, comma, semi-colon and quotation marks). She asked us why it was that almost everyone can automatically solve a problem when they see the four mathematical marks, yet only a small fraction of them can use the punctuation marks correctly.

As a writer, I constantly look back at my writing and analyze it. Over the years I've grown as a writer, but I know I'm nowhere near perfect. Everyone makes mistakes and it's only human. However, I realize that I am writing at a college level and that my writing has improved since my high school years.

As an English major, I do a lot of peer

reviews, and I can tell you that there are many writers in this school who are writing like they're in third grade. My initial reaction was rage. How could students writing at the college level not know the difference between "their" "there" and "they're" or "woman" vs. "women"? How was it that students on the verge of graduating still could not construct a flowing and organized sentence, much less an essay? You'd think it's the fault of those who are doing the writing. However, I came to realize it wasn't entirely their fault.

The school system in our nation is very lacking in discipline with grammar. Students are going out into the real world without knowing how to write properly. My high school nailed grammar rules into our heads until they exploded. If other schools do not use the same way or another effective way, of teaching grammar to their students, they will never learn how to write properly. Practice makes perfect, even though it seems like a lifetime of busy work when you're in grade school.

When we graduate, we are not only representing ourselves, but the schools we come from. When an employer looks at a potential

employee's clips or portfolio, they will not only see that that individual really sucks at writing, but also that the school could care less about it. If high school doesn't teach us anything about grammar, why don't college professors enforce it more? If a student makes errors continuously, it obviously means that they don't know about their mistakes. Professors need to not only evaluate and correct students with stylistic issues, but also those with grammatical ones too.

As an aspiring journalist, I don't want my destiny planned out for me by previous graduates who fail to write properly. But the way I see it now, a degree from Montclair State University automatically gives me a disadvantage in this situation.

Out in the real world, the way we write has a great impact on where we end up. No matter where one goes, or what one does, our writing will determine our futures. It's time for us to step up to the plate and take control of the situation. We need to represent ourselves and our school in a positive light.

Bernadette Marciniak, an English major, is in her first year as Assistant Copy Editor for The Montclarion.

The Montclarion Mailbag

Dear Editor,

It has come to my attention that there are rumors that purchasing and wearing fur garments will benefit the environment. However, I intend to dispel such preposterous justifications and reveal the horrific reality of the fur industry.

True, many synthetic alternatives do have negative effects on the environment due to the nature of how they are produced, but buying brand new synthetics isn't the only available alternative to fur.

There are natural fiber clothes of course, especially hemp, which is ecologically sustainable, extremely versatile, warm and comfortable.

Thrift stores are also an excellent alternative. Even if the garment was originally produced in questionable ways regarding the manufacturer's treatment of the environment, buying second-hand means your money isn't going to the manufacturer and encouraging them to produce more. Instead, shopping at these establishments benefits any number of charitable organizations, including those who sponsor AIDS research, help for the impoverished, animal causes, religious organizations and small family businesses.

All of these alternatives are far more environmentally and ethically responsible than wearing fur. All are warm enough to tough out the harsh New Jersey winters and can always be layered for added insulation.

The truth about the fur industry is that it is extremely cruel and malicious. Trapped animals suffer for hours or days in steel-jawed traps or wire neck snares, often attempting to chew through their own limbs in an effort to escape, only to meet their demise via brain bashing, neck-breaking or chest stomping. Fur farms, which supply the U.S. with most of its fur, are no better. Not just minks and rabbits, but also dogs, cats, fox, chinchillas, etc. are forced to live in tiny barren wire

cages.

Many of these animals will be driven to self-mutilation and other deranged behaviors due to the distress of the torturous and unnatural living conditions. The fur industry is largely unregulated, and their bottom line is always economic advance and never in the interest of the animals' well-being.

"Lucky" animals will be fortunate enough to die from the painful gassing, poisonous injection, bludgeoning or anal electrocution before being pilfered of their precious pelts.

However, many will only be rendered stupefied and will be skinned alive, shrieking and crying from a pain so wickedly severe I can't even begin to relate. The actual skinning process includes hanging the often still alive animal upside down and ripping his or her fur off, backend first, in a slow and jerky fashion until it is completely torn from the poor animal's body and all that remains is a bloody, tormented, naked corpse. When you buy new fur, you are paying people to torture animals in unbelievably sadistic and evil ways.

The reason why I care so much about the fates of these tiny furry creatures is not merely because I find them to be adorable. People who identify as animal rights activists fight for the rights of all animals, not just the visually pleasing ones. It's not about cuteness; it's about ahimsa. It's about ecological responsibility, compassion toward fellow Earthlings with the ability to suffer and experience pain and genuine concern and love for our mother Earth and all her creatures.

I urge everyone to have a heart and boycott fur this winter in favor of something more environmentally and ethically sound and far more beautiful.

Krisdin Alison Diehl
Senior
Religious Studies and Fine Art

Statistic of the Week

300 Million

The United States Population as of October 17th, 2006

Question of The Week

"When the New Recreation Center opens, what is the activity you are looking forward to most?"



KIM FELDMAN
Year: Junior
Major: English

"If applicable, eating at the snack bar and looking at the

boys lifting weights."



KRISTIN KEARNS
Year: Freshman
Major: Music Education

"I am looking forward tousing the gym and

taking a dip in the pool."



KRYSTINA SMITH
Year: Freshman
Major: Math

"I am looking forward to the treadmill and eating at the snack bar."



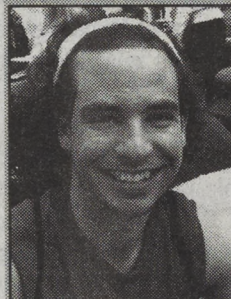
TRISHA FUENTES
Year: Junior
Major: Human Ecology

"Swimming in the new pool and water aerobics."



WILL BISHOP
Year: Junior
Major: Business Management

"I would like to do yoga and water sports."



NICK ALDIERO
Year: Senior
Major: Physical Education

"I want to do badminton, horseshoes, tennis, racquetball and pocket pool."

The Montclarion Mailbag Policy

• All letters must be typed, preferably on disk (text only format) or via e-mail. • Letters exceeding 500 words will not be considered for publication. • Once received, letters are property of *The Montclarion* and may be edited for length, content and libel. • Letters will not be printed unless they include the author's name, major, last four digits of SSN and phone number or e-mail address. • Only one letter by an author will be printed each month. • Submission deadline: Monday, 10:00 p.m. • Letters may be submitted through e-mail to msuopinion@gmail.com or sent to The Montclarion - Attn: Opinion Page Editor, Montclair State University, 113 Student Center Annex, Montclair, NJ 07043.

Question of the Week opinions are views expressed by the students of Montclair State University, and are not necessarily the views of The Montclarion.

Sagittarius

(November 22 - December 20)

Over the next few days, work officials may offer unique business assistance. If so, listen closely for subtle hints concerning fellow workers, new job openings or unusual team projects. In the coming weeks, revised duties will provide remarkable opportunities; respond quickly to all new proposals. After Wednesday, many Scorpions will experience a brief but intense phase of social and romantic progress. Potential lovers or trusted friends may soon press for meaningful promises; stay alert.

Capricorn

(December 21 - January 19)

Deep feelings of love, commitment and respect may this week rise quickly to the surface. Find positive ways to expand family or romantic obligations; before Thursday, loved ones may demand concrete and lasting results. After mid-week, social wisdom is available. Carefully study the actions and reactions of colleagues, relatives or long-term friends. At present, someone close may unknowingly reveal their private social or romantic alliances. Stay focused; there's much to learn.

Aquarius

(January 20 - February 17)

Loved ones may this week be fascinated with past events. Over the next few days, nostalgic reflections may start out seriously but will soon shift to humor, amusement and lighthearted fun; watch for loved ones to feel relieved by new social or family information. Friday through Sunday accents minor disputes between friends or colleagues. Areas of concern may involve financial errors, new debts or a perceived lack of social support. An oddly emotional week; stay balanced.

Pisces

(February 18 - March 19)

Friends and lovers are now unwilling to repeat outdated patterns or continue with standard activities. Offer creative solutions; lost ambition and boredom may soon require constant attention. After mid-week, an unusual home proposal may signal the end of a complex or draining relationship; expect fast discussions and strongly expressed opinions. Later this week, optimism and social wisdom return.

Aries

(March 20 - April 19)

Incomplete workplace projects will take top priority this week; expect key officials to soon revise schedules, assignments or daily tasks. Over the next eight days, new financial obligations and complex job decisions may trigger intense discussions with loved ones. If so, wait for added information; business stress is temporary. After Friday, many Aries natives begin several weeks of dramatic social and romantic progress. Passions will be high; expect controversial proposals.

Taurus

(April 20 - May 20)

Rely on trusted friends to replenish your emotional resources early this week. For many Taureans, increased optimism and new forms of entertainment will soon be an ongoing theme. Much of this follows a fairly intense phase of job strain and minor home disputes. Allow past distractions to fade; social exploration and new romantic promises now need to be established. After Thursday, a previously withdrawn loved one may quickly join group activities. Stay active; much is changing.

Gemini

(May 21 - June 20)

Written agreements and new business permissions will soon offer positive results. Early this week, authority figures may announce expanded work projects or greatly increased responsibilities. If so, expect key financial negotiations to also be necessary. Wednesday through Saturday highlight passionate overtures and new love affairs. Take time, however, to fully explore the opinions or reactions of loved ones; at present, powerful and private feelings of jealousy may be bothersome.

Cancer

(June 21 - July 21)

Before mid-week, younger colleagues may strain office relations with controversial or creative business practices. Follow trusted methods, if at all possible; over the next few weeks, key officials will respond positively to your loyalty and group insight. After Wednesday, loved ones may challenge new ideas, criticize the actions of mutual friends or defend conflicting opinions. Avoid serious social discussions; ongoing disputes and competing values will not be easily resolved.

Leo

(July 22 - August 21)

Small tasks will now demand added concentration. Early this week, pay special attention to business power struggles, workplace politics or shifting routines. Before next week, minor paperwork errors and private disputes will be made public; expect key officials to revise duties, challenge group goals or announce new assignments. Friday through Sunday highlight unique social and romantic invitations. Hidden attractions and rare flirtations are accented; stay open.

Virgo

(August 22 - September 21)

Moody exchanges between colleagues may unusually distracting over the next few days. After Monday, expect minor moments of tension or unique ultimatums. All passes quickly, so not to worry. Do, however, avoid financial comparisons or private social comments. Later this week, a recently withdrawn friend or relative may announce revised home plans or an unexpected lifestyle change. If so, offer heartfelt enthusiasm; loved ones now need your acceptance and support.

Libra

(September 22 - October 22)

Career activities and family security may now trigger a bold discussion between loved ones. Start small and expect steady gains; in the coming weeks, close friends and relatives will provide valuable ideas, options and strategies. After Thursday, long-term romantic promises may need to be publicly acknowledged or reaffirmed. Before November, love relationships will deepen; expect complex requests. Late this weekend, rest and pamper the body; physical energy may be low.

Scorpio

(October 23 - November 21)

Over the next few days, work officials may offer unique business assistance. If so, listen closely for subtle hints concerning fellow workers, new job openings or unusual team projects. In the coming weeks, revised duties will provide remarkable opportunities; respond quickly to all new proposals. After Wednesday, many Scorpions will experience a brief but intense phase of social and romantic progress. Potential lovers or trusted friends may soon press for meaningful promises; stay alert.

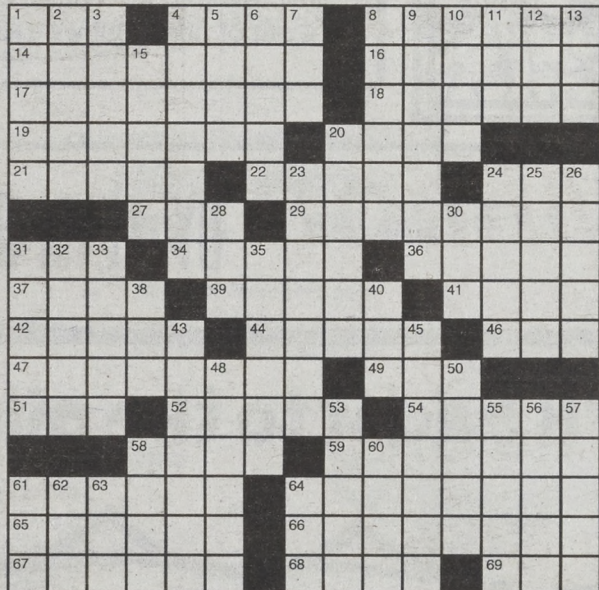
Crossword

ACROSS

- 1 "6 Rms. _ Vu"
- 4 Act dejected
- 8 Released fumes
- 14 Captivated
- 16 Cozy and then some
- 17 Uninformed
- 18 '50s crooner
- 19 Quarterback Joe
- 20 Scoff (at)
- 21 Sully
- 22 Urin and Russell
- 24 Emb. leader
- 27 Douglas' tree?
- 29 They went _!
- 31 Gardner of "On the Beach"
- 34 Apia's country
- 36 Pictures of illusion
- 37 Duck or dodo
- 39 John Cleland novel, " _ Hill"
- 41 One of HOMES
- 42 Alphabetical quintet
- 44 Wall climbers
- 46 Hair fashions
- 47 Climbing plant
- 49 "Bill _ the Science Guy"
- 51 Double curve
- 52 Thin sounding
- 54 Trivial stuff
- 58 That woman's
- 59 One Snoop Sister
- 61 Denver suburb
- 64 Campus choristers
- 65 Small piano
- 66 Kindergarten period
- 67 Give consent
- 68 Eurasian vipers
- 69 PBS on radio

DOWN

- 1 WWII surrender site
- 2 Block of metal
- 3 Letter-lady White
- 4 Rick of "Ghostbusters"
- 5 Algerian port
- 6 Kind of code or colony
- 7 D.C. summer hrs.



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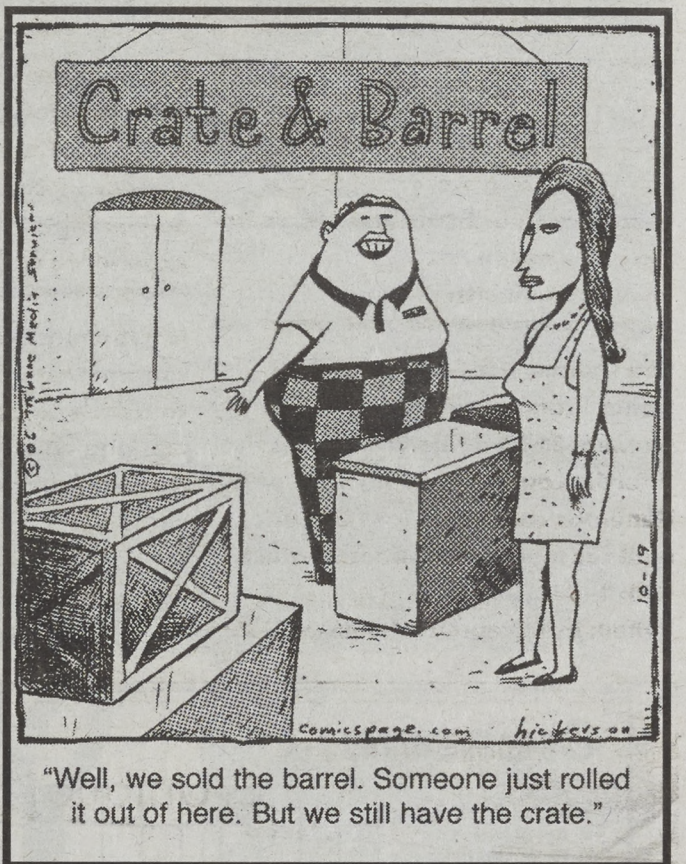
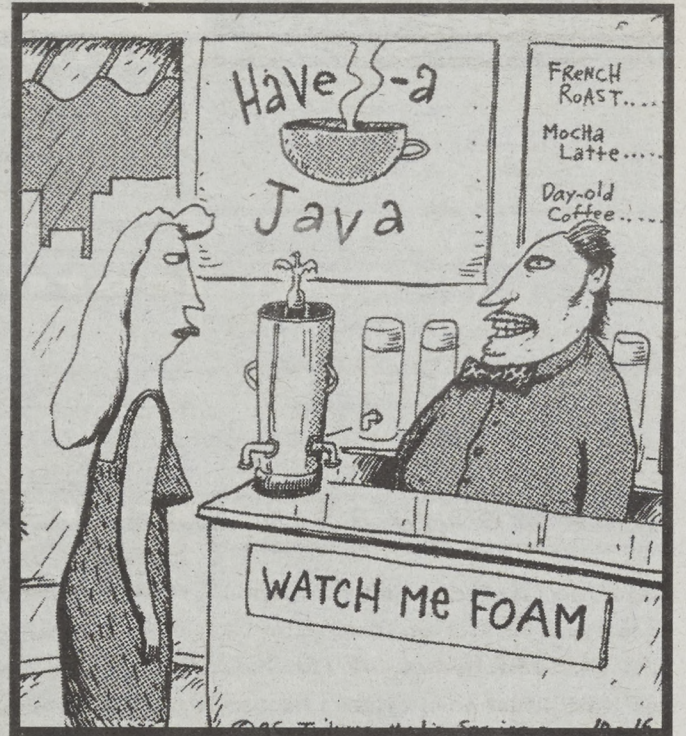
10/19/06

Solutions

- 8 Singer Easton
- 9 San Joaquin Valley city
- 10 Epps of "Scream 2"
- 11 Kipling book
- 12 Wide shoe width
- 13 GPs
- 15 Recurring artistic theme
- 20 Composer Strauss
- 23 Certain English schoolboy
- 24 Bestow upon
- 25 Author Puzo
- 26 Memory units
- 28 Brit. flyboys
- 30 Big lug
- 31 Humble
- 32 Panoramas
- 33 Zodiac ram
- 35 Experts
- 38 Female rabbit
- 40 Strong desire
- 43 Said
- 45 Greenstreet and Pollack
- 48 Freebooter
- 50 Put up
- 53 Cheers
- 55 Singer K.T. _
- 56 Baffle
- 57 Cavalry sword
- 58 Put an edge on
- 60 Gather in
- 61 Botanist
- 62 Vert. bars on goods
- 63 Singer Ocasek
- 64 Student's fig.

Sudoku: Very Hard

6			9		1			
	3	9		2				8
		1	6	3				5
	7	5						4
4						8	2	
2				8	6	9		
3				1		4	7	
			3		4			2
			6	5				
2		9						8
8	3			9				
4	1				9			
			8				2	
			8					1 6
				7				6 1
	9						3	5
				1	6			



boys and ghouls,

BY: KEVIN DUNPHY



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Maya Angelou
author, poet, educator



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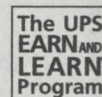
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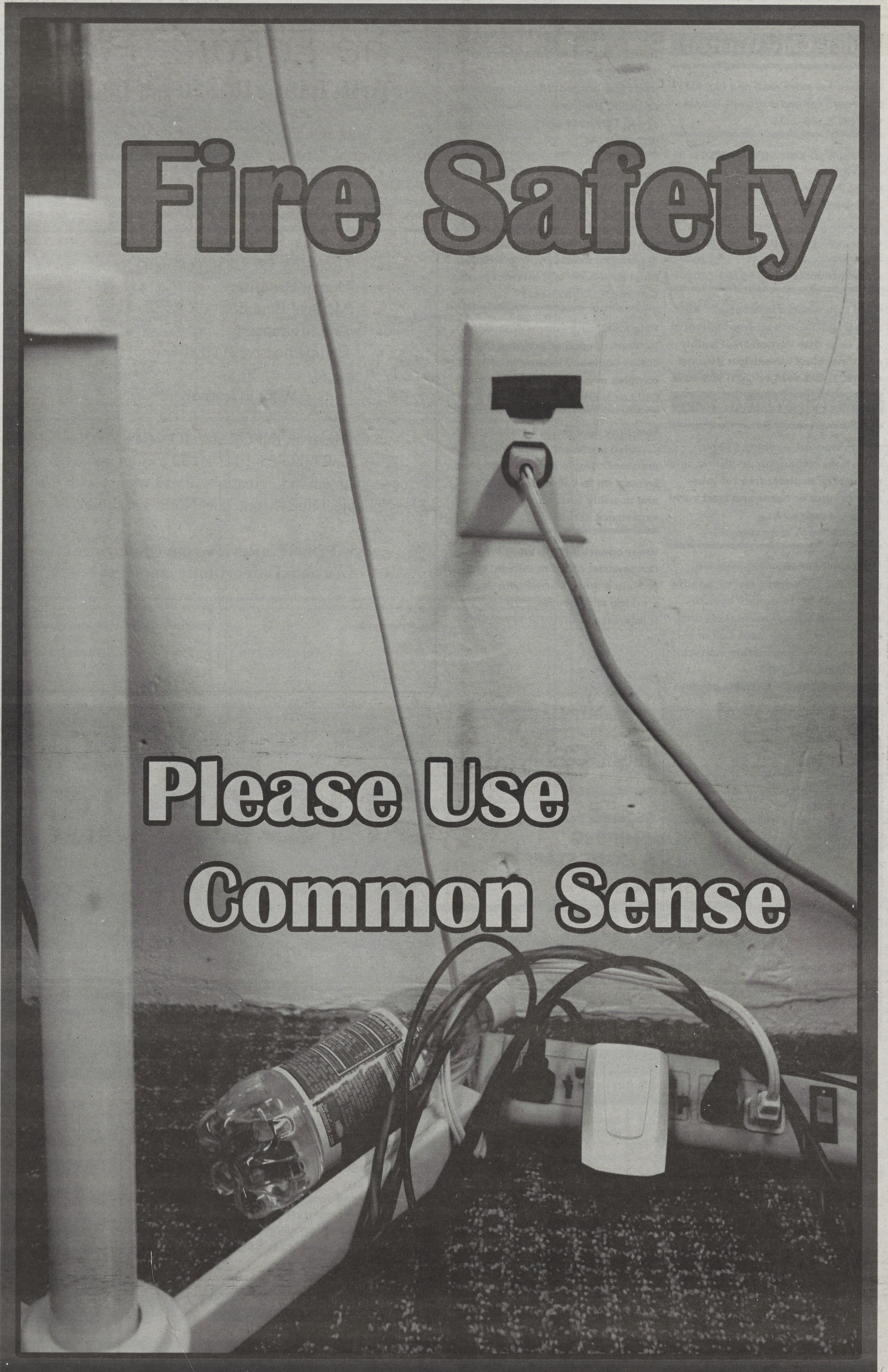


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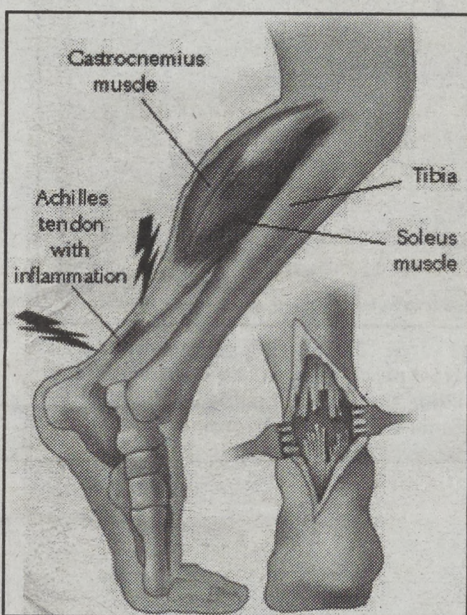
Most Common Sports Injuries

The First-Half of a Two-Part Series on Sports Injuries, Their Likelihood to Occur and Methods of Treatment

Pat Lee
Staff Writer

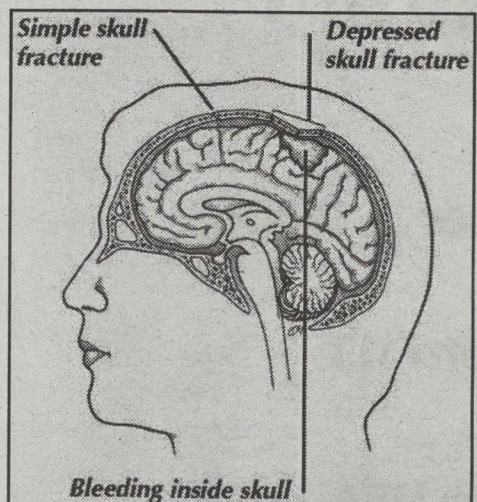
Being that I'm in crutches, I thought it'd be appropriate to check out some of the most common sports injuries. Being overly familiar with these injuries, I'm going to fill you in on which ones you'll probably see and what precautions you can take to prevent them.

Achilles Tendonitis is a condition in which the Achilles tendon in the back of the ankle is overused. It starts off as inflammation and a dull pain, but can become chronic and make it impossible for people to run. It is most common with runners and sports that involve an extreme amount of running (football, soccer, tennis, etc.). Stretching and strengthening the calf muscle is the only way to protect you against this injury. And, of course, R.I.C.E. (rest, ice, compression and elevation). But anti-inflammatory medicine is the best way to treat it. Make sure you don't try any exercise until the tendon is fully healed; it may become a chronic condition otherwise.



courtesy of Hughston.com

Concussions are one of the most dangerous types of sports injuries. A concussion occurs when there is a hard blow to the head of an athlete followed by dizziness, disorientation, nausea, difficulty concentrating and, in some cases, amnesia.

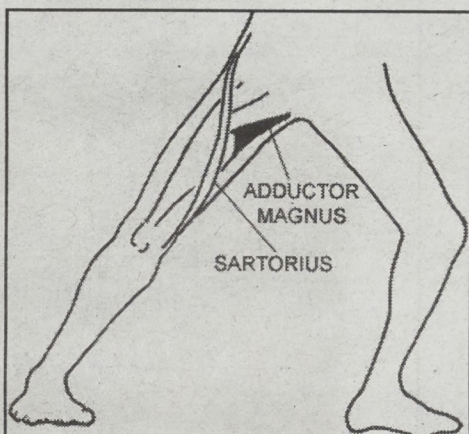


courtesy of howstuffworks.com

This injury usually falls within the contact sport column where there's a good chance of a hard hit to the head (football, boxing, hockey, soccer, etc.). The best way to avoid concussions is to stay away from contact sports. Treatment is just rest and Tylenol. Returning to the sport too early puts an athlete at risk of Second Impact Syndrome, which is potentially fatal.

Groin strains are just as bad as they sound. It's a strain or tear in the adductor muscle, which is on the upper thigh, and it usually occurs from sports that require sudden changes in direction (tennis, football, basketball, hockey, etc.).

Symptoms are usually sharp pains in the upper thigh, swelling and even bruising.

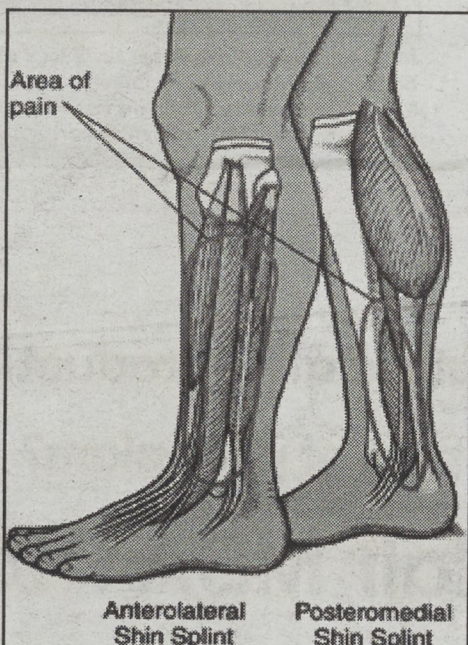


courtesy of sportsmed.buffalo.edu

Stretching is the way to prevent this injury and R.I.C.E. treatment, anti-inflammatory medicine and sometimes physical therapy helps people recover faster from this injury.

Shin splints are a painful condition that usually affects lazy, sloth-like people that aren't used to exercising. It could also be caused by running on hard ground or running with worn-out shoes. It's recognized as pain on the inner side of the shinbone because of inflammation of the surrounding muscles.

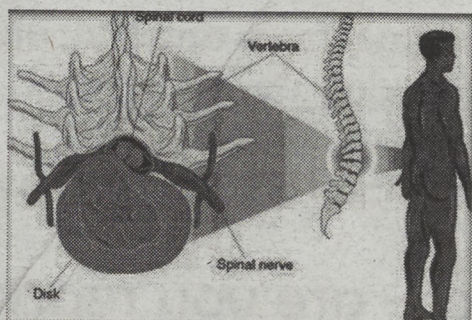
Treatment for this is wearing good sneakers, not increasing the intensity of your workout too soon and R.I.C.E. (just like every other injury). If you treat them all the same, you should be alright.



courtesy of merck.com

Lower back pain is one of the universal sports injuries that no one is immune to, except people who play sports that aren't "real" sports, like ping pong, and foosball and other "cool" games. Lower back pain is almost unpreventable and its symptoms are characterized as you would suspect: Lower back pain. Some of these pains may require surgery while others may just require anti-inflammatory medicine and rest. It depends on the type of lower back injury you've sustained.

Properly stretching, a good diet and exercising regularly decreases the risk of these injuries.



courtesy of bodybuilding.com

Pat Lee's final segment in his two-part report on injuries in sports will be printed on Nov. 2.

The Editors' Picks

BOBBY

Sports Editor

Cincinnati over Carolina

N.Y. Jets over Detroit

Miami over Green Bay

Jacksonville over Houston

Indianapolis over Washington

Philadelphia over Tampa Bay

Atlanta over Pittsburgh

San Diego over **Kansas City**

Denver over **Cleveland**

Arizona over **Oakland**

Seattle over **Minnesota**

Monday Night

N.Y. Giants over **Dallas**

Upset Pick

Buffalo over **New England**

Overall Record

54-31 (.635)

Last Week

7-6 (.538)

Upset Pick

2-4

Games Back

- 0

MIKE

Assistant Sports Editor

Carolina over **Cincinnati**

N.Y. Jets over Detroit

Miami over Green Bay

Jacksonville over Houston

New England over **Buffalo**

Philadelphia over **Tampa Bay**

Atlanta over Pittsburgh

San Diego over **Kansas City**

Denver over **Cleveland**

Arizona over **Oakland**

Seattle over **Minnesota**

Monday Night

N.Y. Giants over **Dallas**

Upset Pick

Washington over **Indianapolis**

Overall Record

53-32 (.624)

Last Week

7-6 (.538)

Upset Pick

1-5

Games Back

- 1

* Home team in bold

CHECKLIST



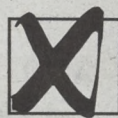
study for exam



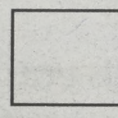
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Contact Bobby or Mike at msusports@gmail.com or call 973-655-5241

The Forgotten Red Hawks

Mike Johnson
Assistant Sports Editor

Bobby Melok
Sports Editor

It seems like Montclair State University was thriving with a cornucopia of sports not too long ago. If you wanted to play it, it was available to play. *The Montclarion* sports section was swelling with game coverage and the sports writers had their pick of games and sports to cover. It was very much like the Garden of Eden, in a strictly Biblical sense.

Today's flaccid MSU sports program can be compared to something more along the lines of Sodom or Gomorrah (in a Biblical sense, of course). A new logo and some flashy new uniforms couldn't even raise this corpse from the dead.

With the shortage of staff writers at *The Montclarion* and a demanding audience of Red Hawk fans, it makes it hard for every sport to have its 15 minutes of fame on the full-color back page. I guess the only simple solution would be to have a beat writer for each team. I've done the math and there are only two sports writers at *The Montclarion* and 16 school sports (including club sports), so either some sports will have to take a back seat or we'll have to dump a lot of much-needed money into cloning experimentation.

Since rugby is the only club sport to have gotten coverage in the last two years, I feel a sense of unrest because I cannot favor one sport over another. We can't forget about ice hockey, men's tennis, cheerleading and ultimate frisbee.

Ice hockey has been somewhat of a leader for the club sports. It has averaged the highest attendance and most arrests accu-

lated in a single season due to excessive partying. But on a more serious note, the Red Hawks are currently 2-2-1 and a record of 1-1-1 on the Super East Collegiate Hockey League, or SECHL for short. If you'd like to see them in action, you may have to wait until Friday, Oct. 27, when they host Marist College at Floyd Hall Arena at 9 p.m.

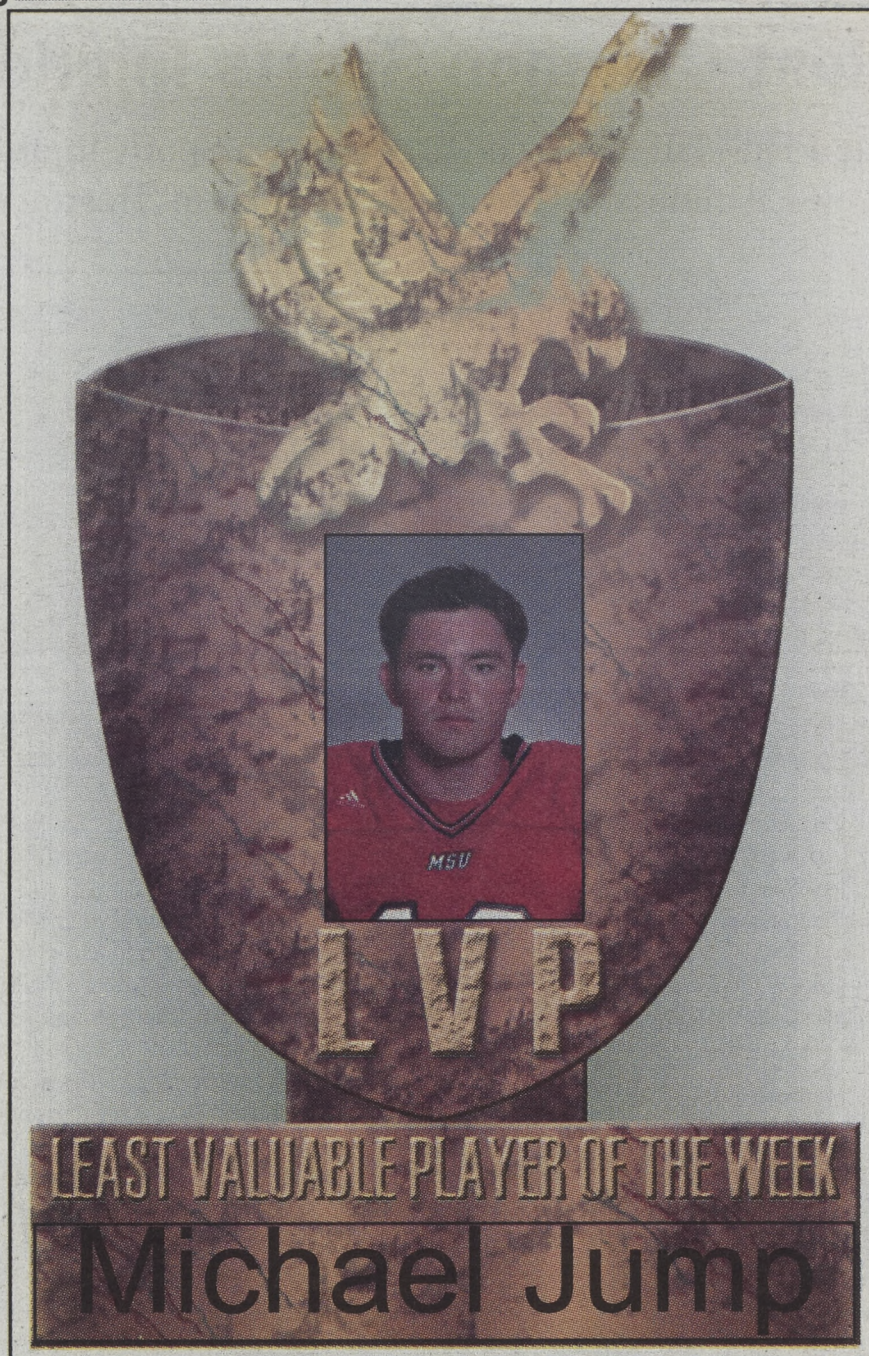
Men's tennis has very much been like a unicorn or a leprechaun; no one has seen one in a while, and we're not sure it even existed in the first place.

Cheerleading can be seen during the football and basketball games, if you can even hear them over the dull roar of the Red Hawk Nation, but one must not compare this to an actual physical sport. If we were to throw this into the "sports" section, we might as well add MSU Players to the club sports list. I understand the physical stress that is put on a dancer or cheerleader's body during a spur of the moment pep rally, but to earn a link button on the bottom of the Montclair State University athletics page is a bit extreme.

Ultimate Fighting is by far the most extreme club sport available. Not only is it a test of brute strength, grappling skills and mental toughness, but you also get to throw a plastic disc through the air. Wait, I may be getting two sports mixed up. Ultimate frisbee involves throwing a disc to your partner while he runs away from the other team. While I understand the rules, I still fall way too short of understanding the hype.

Support your MSU club sports and while you're at the game, write about it, get some player quotes and e-mail it. Go Red Hawks and Revellers.

Please direct all questions, comments or articles to Bobby or Mike at msusports@gmail.com.



Jump was sacked five times for a loss of 43 yards. His passing stats proved to be better than his rushing numbers with 199 total passing yards and one touchdown, but the interception and two fumbles, including the second fumble on the MSU 12-yard line, which led to Kean's scoring the game-winning touchdown, proved to be too much.

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SPORTS TRIVIA

QUESTION

Which NFL franchise has had the most Red Hawks on its roster all-time?

LAST EDITION'S QUESTION

Which quarterback holds the record for most passing attempts in a single season?

ANSWER TO LAST EDITION'S QUESTION

In the 1994 season, Drew Bledsoe threw 691 passes. He made 400 of them for a 57.9 completion percentage.

Game of the Week

Women's Soccer

Saturday, October 21, 2006
MSU Soccer Park, 1:30 p.m.

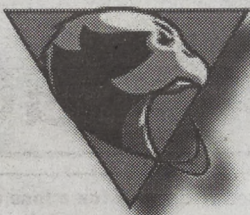


Red Hawks

10-4-2 (4-1-2 NJAC)

Ospreys

11-3-2 (4-1-1 NJAC)



Soccer (Men's)

	NJAC	Overall
MSU	7-0	14-1
NJCU	5-1-1	13-2-1
Rutgers-Camden	4-2-1	9-4-3
Kean	3-2-2	7-4-5
Richard Stockton	3-3-1	11-3-1
Ramapo	3-4	10-4
Rowan	2-4-1	8-6-2
William Paterson	2-4	6-7-1
TCNJ	2-4	5-7-1
Rutgers-Newark	0-7	5-9-1

This Week

Sat @ Richard Stockton 2 p.m.

Last Week's Results

10/11 - MSU 3, Kean 0
10/14 - MSU 3, NJCU 1

Soccer (Women's)

	NJAC	Overall
Rowan	5-0-2	13-0-2
TCNJ	5-0-1	9-1-2
MSU	4-1-2	10-4-2
Richard Stockton	4-1-1	11-3-2
William Paterson	3-2-1	7-4-2
Kean	3-3-1	9-3-2
Rutgers-Camden	2-4	9-6-1
Rutgers-Newark	2-5	6-9
Ramapo	1-6	5-8-2
NJCU	0-7	3-12

This Week

Sat vs. Richard Stockton 1:30 p.m.

Last Week's Results

10/14 - MSU 10, NJCU 1
10/15 - MSU 3, Catholic 0

Football

	NJAC	Overall
SUNY Cortland	4-0	6-0
Rowan	3-0	4-1
Kean	2-1	4-2
MSU	2-1	4-2
Western Conn.	1-2	4-2
TCNJ	1-2	3-3
William Paterson	0-3	0-6
Buffalo State	0-4	1-5

This Week

Sat vs. SUNY Cortland 1 p.m.

Last Week's Results

10/14 - MSU 13, Kean 19

Field Hockey

	NJAC	Overall
TCNJ	3-0	11-1
Rowan	2-1	10-4
Richard Stockton	2-1	7-6
MSU	2-2	9-3
William Paterson	2-2	9-4
Kean	1-3	7-5
Ramapo	0-3	5-7

This Week

Mon vs. Eastern (Penn.) 7 p.m.
Wed vs. Richard Stockton 7 p.m.

Last Week's Results

10/14 - MSU 1, Rowan 2

Player of The Week

NATALIA SISTI SOCCER

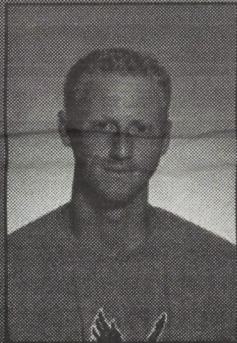


Freshman
Hometown: Lincoln Park, N.J.

Sisti picked up hat tricks in consecutive games over the weekend for a total of six goals. She was named NJAC Rookie of the Week for the second time.

Honorable Mentions

SOCCER



TODD TUMELTY
Senior
Hometown: Freehold, N.J.

Tumelty scored the game-winning goal in the Red Hawks' 3-1 victory over NJCU. The goal was his second of the season.

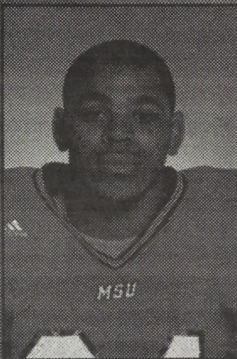
SOCCER



KELLY DUTKO
Senior
Hometown: Hamilton, N.J.

Dutko became the school's all-time leader in assists on Saturday, picking up the 23rd of her career. She also scored four goals.

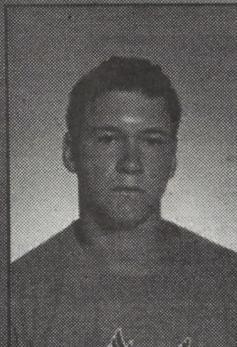
FOOTBALL



CORNELL HUNT
Sophomore
Hometown: North Brunswick, N.J.

Hunt returned a 51-yard interception for a touchdown in Saturday's 19-13 loss at Kean. He also picked up 7 tackles in the game.

FOOTBALL



BILL ANTHERS
Senior
Hometown: Cranford, N.J.

Anthes picked up two goals against NJCU on Saturday and two goals and one assist in MSU's 3-0 win against the Kings Point Mariners on Wednesday.



Sports

The Student Voice of Montclair State University Since 1928



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October 19, 2006

www.themontclarion.org

Most Valuable Player?

Bill Anthes Scores Two Goals and Assists on One in MSU 3-0 Victory

Bobby Melok
Sports Editor

The crowd at the Red Hawk men's soccer match let everyone know how they felt about Bill Anthes on Wednesday night with their chants of "MVP!" Does Anthes deserve those accolades?

If his play against the Mariners of the United States Merchant Marine Academy is any indication, he deserves all that and more.

Coming off of a two-goal performance in Saturday's 3-1 win over New Jersey City, most would expect Anthes to have a bit of an off night. Apparently, Anthes doesn't know what an off night is. He led the Red Hawk offense with two goals and one assist in Montclair State's 3-0 victory at



Antonio DiBenedetto | The Montclarion
Bill Anthes heads the ball towards the Mariner goal, leading to one of his two goals on Wednesday night.

Sprague Field.

The crowd was a little quiet as the game got underway, but the Red Hawks woke them up early, as Anthes connected with sophomore defender Tyler Masterson two minutes into the game to give MSU the early 1-0 lead. The goal was Masterson's eighth on the season. The Red Hawks continued to push forward, taking two shots that did not get past the Mariner goalie.

Later in the first half, it was Anthes again that came up as he was set up by Rudson Crisostomo and Joseph Cullen for the Red Hawks' second goal of the game, his 14th of the season. He added another goal early on in the second half to seal the victory for the Red Hawks.

Is Anthes looking to go out every game and kick the cover off the ball? He says he is not. "You

go out to try and score as much as you can, but it's not planned," said Anthes. "It's everyone going out there and playing like a team." That statement could not be truer. The Red Hawks helped Anthes out in a big way.

Crisostomo, Cullen, Owen Nichols and Ryan Morgan all assisted Bill on his goals. Morgan's assist gives him 98 career points, which leaves him two shy of becoming the fifth player in school

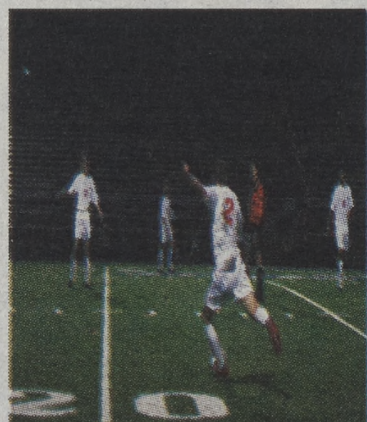


Antonio DiBenedetto | The Montclarion
The Red Hawks fight for position around the Merchant Marine goal at Sprague Field.

history to reach 100 points.

The MSU defense was perhaps the biggest help in Wednesday's game. They only allowed the Mariners to take three shots on goal, all of which were stopped by goalie Nick Mele.

With the win, Mele picked up his fifth shutout of the season. Mele described his defense as "solid." He said, "We grind out a lot of wins. That's what good



Antonio DiBenedetto | The Montclarion
Bill Anthes rears back, getting ready to send the ball downfield, out of Red Hawk territory, late in the second half.

teams do."

Despite his great performance, Anthes realizes he could not have done it alone. "Our defense was huge. We have guys like Todd [Tumelty], [Brian] Miles and [Eric] Pfeifer going out there and holding it down, they really come through," the midfielder said.

With their win on Wednesday, the Red Hawks improve their record to 15-1 on the season. They remain undefeated in the New Jersey Athletic Conference (NJAC) with a 7-0 record. After having their 11-game win streak snapped a few weeks ago, Montclair State has rebuilt rather well, winning four straight games.

Anthes leads the team in scoring after picking up his 14th and 15th goals on Wednesday. He is followed by fellow senior captain Morgan, who scored 10 times this season. Nichols has done the best job at finding an open teammate near the goal, as he leads the Red Hawks with seven assists. In 11 games played, Mele let up only nine goals.

The Red Hawks hit the road Saturday to take on the Ospreys of Richard Stockton College (3-3-1 NJAC). They return home next Wednesday, Oct. 25 to take on Ramapo College (3-4 NJAC) in their final game of the regular season.



Antonio DiBenedetto | The Montclarion
The Red Hawks celebrate after their 3-0 victory over the Mariners. It was their 16th win of the season.

They will need all the practice they can get in these games because the NJAC Championship tournament begins on Halloween.

They already hold regular season victories over all but two teams in the NJAC, including last year's champions, the Lions of the College of New Jersey. Considering their opponents' records, they should have no trouble finishing the NJAC season undefeated.

The Red Hawks are likely to draw the top seed in the tournament. If they keep up their winning ways, the Red Hawks will bring home their first NJAC title since 1989, when the team went 8-1. Also, they should qualify for NCAA tournament. Anthes and the gang have put the team on the path to pass the 1989 squad, and carve a place for themselves in Montclair State history.

Hats Off to Two Lady Red Hawks

Freshman and Senior Both on Same Page

Bobby Melok
Sports Editor

Montclair State Women's Soccer managed to pull themselves out of their four-game winless streak over the weekend, and they did it in a big way. On Saturday, they went to New Jersey City University to take

up from our nation's capital. The game was all Montclair State from the get-go as Sisti received a pass from Lara Kaminski around the 24-minute mark for her first goal of the game. Sisti later got an assist for her second goal of the game as the first half came to a close, putting the Lady Red Hawks up 2-0 at halftime.



courtesy of Sports Information
Natalia Sisti currently ranks second in the NJAC in both points and goals and scored a hat trick (three goals) in back-to-back games. She also won NJAC Rookie of the Week.



courtesy of Sports Information
Kelly Dutko became the all-time leader in career assist in MSU history with 23. She is currently tied for the conference lead with seven.

on the Gothic Knights in an New Jersey Athletic Conference (NJAC) matchup. They came away with a huge win, winning 10-1 in a match that lasted only 70 minutes.

Senior Kelly Dutko scored four of the Red Hawks' goals, making her the first MSU player in six years to do so, and the 11th in school history. Also, Dutko became the MSU all-time leader in assists, picking up the 23rd of her career.

Freshman forward Natalia Sisti picked up a hat trick as well, adding three goals to the Red Hawk tally. Two other freshman, Christina Della Fave and Lisa Tasci, scored their first goals of the season on Saturday. The win in Jersey City moved Montclair State to second in the NJAC with a 4-1-2 conference record.

Sunday, they returned home for a non-conference match against the Catholic University Cardinals from Washington, D.C. The crowd was split evenly between the two teams, as many fans made the trip

The Cardinals would threaten in the second half, but goalie Kristin Kuhmann turned them away on multiple occasions. Kuhmann had 11 saves in the game, bringing her total for the season up to 125. Sisti added her third and final goal unassisted in the 82nd minute.

To cap off an amazing weekend, two Lady Red Hawks were honored for their outstanding play by the NJAC. Kelly Dutko was named the Offensive Player of the Week for her five-goal, one-assist performance during the week ending Oct. 15.

Natalia Sisti received her second NJAC Rookie of the Week award for her stellar performance over the weekend.

Red Hawk women's soccer returns to action this Saturday when they take on the Ospreys of Richard Stockton College in an NJAC matchup. Game time is 1:30 p.m. at Soccer Park. On Sunday, they travel to Staten Island to take on the New York University Violets.

